DAILY ROUTINE DESCRIPTION

What does your daily routine look like? How has it changed? I will tell you about mine:

Sara's daily routine

My alarm clock always wakes me up at eight o'clock every morning. I **wake up** at eight but I **get up** at quarter past eight.

Then, I **get dressed** with comfortable clothes to feel cozy at home.

After that, I usually have a coffee and a bowl of yoghurt with fruit and cereals. I love having breakfast.

At nine o'clock I **check my e-mail** and I **start working**. I prepare homework for my students and correct their worksheets.

At half past one I **cook** something to eat and I **have lunch** with my boyfriend.

In the afternoon, I continue working. I like thinking of new ideas and projects for my students.

When I finish working, I usually **do some housework** or I **go shopping**. When the weather is good, I **read** and **sunbathe** on the balcony.

At eight o'clock I **do some exercise**. If the weather is good, I usually **go for a walk**. If not, I do some exercise at home: spinning, push-ups, full body workouts...I love it.

Around half past nine we **have dinner** and then **watch a movie** or a TV series on Netflix.

At midnight, I **go to bed**.

What about you? Tell me about your daily routine!