

Authorities in Paris have taken extra measures in a stab to contain the COVID-19 pandemic.	
	Specifically, no one will be allowed to exercise outside of their home between the hours of 10am and 7pm.
	They have enjoined people from exercising outdoors during the day to try and stem the surge in the number of infections and deaths.
	The above-mentioned move is a knee jerk reaction to greater numbers of people taking to the streets in recent good weather and flouting lockdown rules.
There have been over 10,000 deaths in France, putting it in fourth place on the fatalities list behind Italy, Spain and the USA.	

<https://breakingnewsenglish.com/2004/200411-daytime-exercise.html>

Authorities in Paris have taken extra measures **in a stab to** [] contain the COVID-19 pandemic. They have **enjoined** [] people [] from exercising outdoors during the day to try [] and **stem the surge** in the number of infections and deaths. No one will [] be [] allowed to exercise outside of their home between the hours of 10am and [] 7pm. The move is a **knee jerk reaction** to greater numbers of people taking [] to the streets in recent good [] weather and **flouting** [] lockdown rules. There have been over [] 10,000 deaths in [] France, putting it in fourth place on [] the fatalities list behind [] Italy, Spain and the USA. Paris Mayor Anne Hidalgo said the new ruling would prevent further transmission of the virus and lead to a flattening of the curve.

Scientists from the Eindhoven University of Technology [] explained that when people exercise, there is a greater spread of **viral load** in [] the air. They said that when a cyclist or jogger sneezes, coughs or even just [] exhales, the micro-particles **linger** longer in the air and spread [] **farther/further** than [] when someone is simply walking. This poses a danger to the [] person coming behind them who has to pass through a cloud of droplets. The [] scientists **exhorted** people [] who exercise should be given a **wider berth**. They said walkers should get at [] least four metres, runners 10 [] metres and cyclists at least a [] wider berth 20 metres. The [] message in France is similar to that throughout the world - stay at home and follow social distancing rules when outside.

reflex	Stop	The increase	ignoring	An attempt
incite	Stay	More space	Amount of virus	Greater/thing

Categories Game (20-thousand-dollar pyramid.)

Create a category for the following verbs. Follow by examples of things in that category. Only give the examples to your partner. See if they can guess the category. Do not say the words in the red column!

For example:

Things that help you see farther	Glass/a telescope/binoculars
Things that are enjoined by _____ (law).	
Things that surge _____.	
Things that are knee jerk reactions .	
Things people flout .	
Things that linger .	
Things you give a wide berth to.	
Things the government exhorts you to do.	