

## DOCTOR'S INSTRUCTIONS

Match the instructions with the pictures.



Breathe in.



Hold your breath.



Roll up your sleeve.



Make a fist.



Open your mouth.



Open your hand.



Hold out your arm.



Breathe out. Breathe normally.



Stick out your tongue.



Lie on the bed.



Lie on your side.



Turn around.



Put on this hospital gown.



Lie on your stomach.



Step on the scale.



Lie on your back.