

## Adverbs of frequency

always:100 %

usually:90%

often: 70%

sometimes:50 %

hardly ever: 10%

never: 0 %

Hi, My name is Sarah. Now I will tell you about my daily routine. Every morning, I (100%) .....get up at 6 o'clock. Then I wash my face and brush my teeth. I (90%).....have breakfast at 6:30 a.m. After that I get dressed and ready for school. I (70%) .....go to school at 7:30 a.m.

In the afternoon we (100%) .....have a fifteen - minute break at 3:15 p.m. I go home at 5:00 p.m. My mom (50%).....buys me some snacks on the home.

In the evening, I (10%).....have dinner early. I (70%).....have dinner at 7:30 p.m. I (70%).....do my homework. After that I (50%).....watch cartoons on TV. I (100%)..... go to bed at 10:30 p.m. How about your routine. Tell me.