

NAME: _____

DATE: _____

BEDTIME MANNERS

Tick () or (x) on the statement below.



1. I say duaa before I sleep.

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2. I sleep in my school uniform.

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3. It is good to eat chocolate before we sleep.

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4. I brush my teeth before I sleep.

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5. Al Muawwithat is Surah Al Falaq and An Naas.

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6. I sleep on my stomach.

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7. I stay late at the night and watch movie.

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8. I wake up in the morning and say Alhamdulillah.

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9. I sleep on my right side.

☐

10. I don't say good night to my parents.

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