

## Getting Ready



## CD 3-27 Listening 1

People are talking about their eating habits. What does each person eat now? Listen and check (✓) the correct picture.

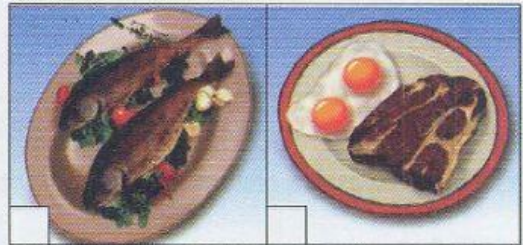
1.



a.

b.

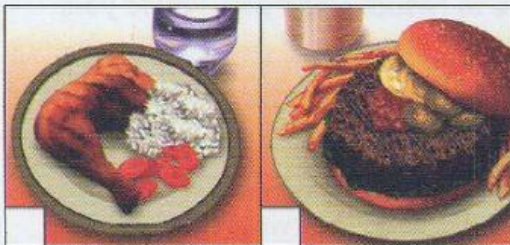
2.



a.

b.

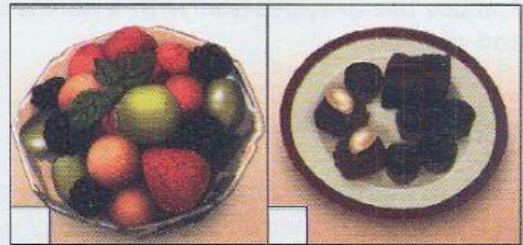
3.



a.

b.

4.



a.

b.



## Listening 2

### CD 3-28 ► Task 1

A doctor is talking to her patients about nutrition. What advice does she give each person? Listen and circle the correct answer.



- |   |  |
|---|--|
| 1. a. eat fewer vegetables<br>b. eat less cheese<br>c. eat a lot of fat | 4. a. eat less bread<br>b. eat more meat<br>c. eat less fruit          |
| 2. a. don't eat fish<br>b. eat more vegetables<br>c. eat more fruit     | 5. a. eat more cheese<br>b. don't drink milk<br>c. eat more protein    |
| 3. a. eat less meat<br>b. eat less fruit<br>c. eat more meat            | 6. a. don't drink milk<br>b. don't eat candy<br>c. eat more vegetables |

### CD 3-28 ► Task 2

Listen again. What is each person's health problem? Write the correct letter.

- |                       |                                     |
|-----------------------|-------------------------------------|
| 1. Mr. Grant <u>d</u> | a. is losing too much weight.       |
| 2. Linda ____         | b. has stomachaches.                |
| 3. Chris ____         | c. needs to lose weight.            |
| 4. Ms. Barton ____    | d. has high cholesterol.            |
| 5. Mr. O'Brien ____   | e. has been feeling tired and weak. |
| 6. Mrs. Johnson ____  | f. has high blood pressure.         |



## Listening 3

### CD 3-29 ► Task 1

A cheesemaker is giving a talk about cheese. Are these statements true or false? Listen and check (✓) the correct answer.



	True	False
1. Cheese was first made over 3,000 years ago.	<input checked="" type="checkbox"/>	<input type="checkbox"/>
2. Cheese contains vitamins.	<input type="checkbox"/>	<input type="checkbox"/>
3. Most cheese in the United States is made from goat's milk.	<input type="checkbox"/>	<input type="checkbox"/>
4. Cheese doesn't contain water.	<input type="checkbox"/>	<input type="checkbox"/>
5. The process of making cheese was probably discovered by chance.	<input type="checkbox"/>	<input type="checkbox"/>
6. Pasteurized milk contains bacteria.	<input type="checkbox"/>	<input type="checkbox"/>
7. Carbon dioxide is added to pasteurized milk to make cheese.	<input type="checkbox"/>	<input type="checkbox"/>
8. Curd is a liquid.	<input type="checkbox"/>	<input type="checkbox"/>



### CD 3-29 ► Task 2

**Listen again.** How is cheese made? Number the steps from 1 to 5.

The milk forms a solid substance. \_\_\_\_

Specially cultivated bacteria are added to the milk. \_\_\_\_

The milk is heated to remove all bacteria. 1

The curd is removed and drained. \_\_\_\_

The milk is kept warm so the cultures can grow. \_\_\_\_



## Dictation

### CD 3-31 ► Task 1

Listen to the conversation. Write the missing words.

A: Hi. I'm Jane, and I'll be your server this evening. What would you like to drink?

B: I'll just have some water, thanks.

A: Okay. And what \_\_\_\_\_ to eat?

B: Could you tell me what types of vegetables come with the roast chicken?

A: Sure. It comes with \_\_\_\_\_.

B: Okay. Then I'd like the roast chicken and vegetables, please. And I'd like a piece of apple pie for dessert.

A: Okay, that's roast \_\_\_\_\_, and a piece of apple pie.