

Getting Ready

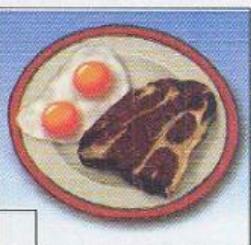
CD 3-27)) Listening 1

People are talking about their eating habits. What does each person eat now? Listen and check (✓) the correct picture.

1.

 a. b.

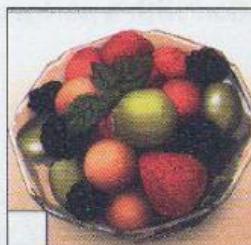
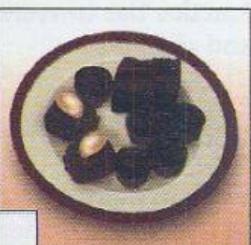
2.

 a. b.

3.

 a. b.

4.

 a. b.

Listening 2

CD 3-28 ► Task 1

A doctor is talking to her patients about nutrition. What advice does she give each person? Listen and circle the correct answer.



1. a. eat fewer vegetables
 b. eat less cheese
c. eat a lot of fat
2. a. don't eat fish
b. eat more vegetables
c. eat more fruit
3. a. eat less meat
b. eat less fruit
c. eat more meat
4. a. eat less bread
b. eat more meat
c. eat less fruit
5. a. eat more cheese
b. don't drink milk
c. eat more protein
6. a. don't drink milk
b. don't eat candy
c. eat more vegetables

CD 3-28 ► Task 2

Listen again. What is each person's health problem? Write the correct letter.

1. Mr. Grant *d*
 - a. is losing too much weight.
 - b. has stomachaches.
 - c. needs to lose weight.
 - d. has high cholesterol.
2. Linda
 - e. has been feeling tired and weak.
 - f. has high blood pressure.
3. Chris
4. Ms. Barton
5. Mr. O'Brien
6. Mrs. Johnson

Listening 3

CD 3-29 ► Task 1

A cheesemaker is giving a talk about cheese. Are these statements true or false? Listen and check (✓) the correct answer.



	True	False
1. Cheese was first made over 3,000 years ago.	✓	<input type="checkbox"/>
2. Cheese contains vitamins.	<input type="checkbox"/>	<input type="checkbox"/>
3. Most cheese in the United States is made from goat's milk.	<input type="checkbox"/>	<input type="checkbox"/>
4. Cheese doesn't contain water.	<input type="checkbox"/>	<input type="checkbox"/>
5. The process of making cheese was probably discovered by chance.	<input type="checkbox"/>	<input type="checkbox"/>
6. Pasteurized milk contains bacteria.	<input type="checkbox"/>	<input type="checkbox"/>
7. Carbon dioxide is added to pasteurized milk to make cheese.	<input type="checkbox"/>	<input type="checkbox"/>
8. Curd is a liquid.	<input type="checkbox"/>	<input type="checkbox"/>



CD 3-29 ► Task 2

Listen again. How is cheese made? Number the steps from 1 to 5.

The milk forms a solid substance. ____

Specially cultivated bacteria are added to the milk. ____

The milk is heated to remove all bacteria. 1

The curd is removed and drained. ____

The milk is kept warm so the cultures can grow. ____

Dictation

CD 3-31 ► Task 1

Listen to the conversation. Write the missing words.

A: Hi. I'm Jane, and I'll be your server this evening. What would you like to drink?

B: I'll just have some water, thanks.

A: Okay. And what _____ to eat?

B: Could you tell me what types of vegetables come with the roast chicken?

A: Sure. It comes with _____.

B: Okay. Then I'd like the roast chicken and vegetables, please. And I'd like a piece of apple pie for dessert.

A: Okay, that's roast _____, and a piece of apple pie.