



# LISTENING AND WRITING

JUST LISTEN TO THE AUDIO  
AND WRITE YOUR TEXT  
BELOW



A large, empty rectangular box with a thick black border, intended for writing the text heard in the audio.

'I live for my sport - I love it. We train hard every weekday, usually at the sports ground, but sometimes we go running or cycling in the countryside. We cycle for miles, often to the sea. I really love the beaches near Newcastle, they're beautiful, but I don't go swimming there - I never swim - the North Sea is too cold. It's freezing, summer and winter, not like in Australia! Tony goes swimming sometimes - but then he doesn't feel the cold ... he's from Newcastle!

Saturday is the BIG day, Match Day! On Friday evening, Tony always cooks a huge meal for us, white rice or potatoes, with chicken and green vegetables, but of course we don't drink any alcohol! I love the excitement on Saturday - especially when we win!

Sunday? ... Sunday, we don't do much, we're so tired. We just relax and watch TV - sport of course. My favourite is the skiing, 'Ski Sunday', and football, I'm a *Newcastle United* fan - of course. Oh, and I 'Skype' my mum and dad in Australia. I miss them a lot. They want me to play for Australia one day.'