Match the halves of the sentences.

1. We shouldn't have
2. It's important to exercise
3. We should drink
4. Exercise helps you
5. The body gets
6. Children should eat

____ to sleep better.

____ one hour every day.
____ six servings of grains daily.
____ more oxygen when we exercise.
____ eight glasses of water every day.
____ a lot of fats.

Listen to the interview and mark the correct sentence.

1. Billy has a healthy lifestyle. __
2. Billy doesn't have a healthy lifestyle. _____

Listen again and take notes to justify your answer.

SHOULD	SHOULDN'T

LIVEWORKSHEETS