

Reading

- 1 Read the text and answer the following questions.
 - 1 What is the best title for the article?
 - a My life
 - b Be SMART
 - c The power of goals
 - 2 Look at the three sentences below. Insert them in gaps 1, 2 & 3 in the text above.
 - a You can make SMART goals for any area of your life.
 - b If you commit yourself by writing them down, they become more tangible and you are more likely to stay on course.
 - c The first step is to come up with some big goals.

FOR QUESTION 1, CHOOSE THE CORRECT ANSWER.

FOR QUESTION 2, WRITE THE APPROPRIATE CHOICE IN THE RIGHT BOX.



Most people dream of having a job they love, earning good money and living in a dream home. But not everybody achieves this. The key to success is setting life goals. Setting goals will ensure you are thinking about your ideal future, and motivate you to make your vision a reality.

1 _____

What do you want from life? Think about your hopes and aspirations, your abilities and personality. Consider important areas in your life, for example, family, career, health and write some goals.

2 _____

One way to make your goals more powerful is to make them SMART. SMART stands for specific, measurable, achievable, relevant and time-bound.

3 _____