



LISTENING

Sleepless Nights

R9.4



ACTIVITY 1:

Work with your classmate and discuss the following questions. You are not allowed to write.

1. What's the best age to have children? Why?
2. How does your life change when you have your first baby, do you think?
3. Do you know people with children? Tell your classmate about them.
4. Do you ever look after children for friends or someone in your family? If yes, do you like doing it?

Listen to this conversation...

ACTIVITY 2:

- a. Look at the photo. How do the parents feel, do you think?
- b. Listen and tick the things Vicky and Martin talk about.

	Vicky	Martin
1. feeling depressed		
2. sleep problems		
3. feeling lonely		
4. social life		
5. money		
6. moving house		
7. good things about being a parent		
8. having more children		

ACTIVITY 3:

- a. Work in pairs. Who said these things?

- _____ I feel a bit guilty, so I try not to get home too late.
- _____ I get upset when he says he's got too much work to do.
- _____ I've always got too many things to do.
- _____ She's not old enough to talk.
- _____ I don't have enough energy to do anything in the day.
- _____ I earn enough money for the whole family.
- _____ I think this place is big enough for us.

- b. Listen again and check.

ACTIVITY 4:



a. Fill in the gaps with TOO, TOO MUCH, TOO MANY or (NOT) ENOUGH.

1. Two children are _____. More than two is _____.
2. Fathers don't spend _____ time with their children.
3. Children spend _____ time in their cellphones and tablets. They should play outside more.
4. Eighteen-year-olds aren't mature _____ to have children.
5. You should make sure you're earning _____ money before you have children.
6. Forty isn't _____ old to have a child.
7. Children eat _____ unhealthy food.

b. Tick the sentences you agree with.

c. Work in groups. Compare your answers and give reasons. Which sentences do you all agree or disagree with?