

GRAMMAR

MAKE ADVERBS FROM THE ADJECTIVES IN BRACKETS TO COMPLETE THE SENTENCE

1. She walked across the street _____. (careful)
2. The children played _____ in the park. (happy)
3. She speaks English very _____. (good)
4. He finished the exam very _____. (fast)
5. She studied a lot and passed the exam _____. (easy)

ADJECTIVE OR ADVERB? UNDERLINE THE CORRECT FORM

1. She plays the piano *beautiful/beautifully*.
2. Fast food is very *unhealthily/unhealthy*.
3. We wear *casual/casually* clothes to school.
4. He eats his food very *noisy/noisily*.
5. The children were speaking very *loud/loudly*.

REWRITE THE SENTENCES WITH THE ADVERB OR EXPRESSION OF FREQUENCY IN THE CORRECT PLACE

1. I go to fast food restaurants. (often)

2. She is late for class. (never)

3. He goes to the dentist. (once a year)

4. They get up late at the weekend. (usually)

5. We are tired after football practice. (always)

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VOCABULARY

WRITE THE WORD FOR THE DEFINITION

1. You eat soup with this. _____
2. You use this to cut food. _____
3. Chinese people eat with these. _____
4. You put cereal in this. _____
5. You put cold drinks in this. _____
6. This food is made with raw fish. _____
7. You use this to fry food. _____
8. Hamburgers are made from this meat. _____
9. This vegetable is the main ingredient in most salads. _____
10. We measure energy from food with them. _____

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READING

MEALS IN ENGLAND – A GUIDE FOR VISITORS

MEALS AND SNACKS

Breakfast, lunch and dinner are the three main meals. A lot of workers have a 10 minute break in the morning (one name for this is elevenses) when they stop work to enjoy a cup of tea or coffee with a biscuit. They have a similar break for drink and a snack in the afternoon. Many hotels and restaurants in England serve afternoon tea between 2-5pm. This is a light meal of tea, sandwiches and cakes and it's very popular with shoppers and tourists.

BREAKFAST

A traditional full English breakfast is what many hotels serve to guests. It includes egg, bacon, sausage, beans, mushrooms, tomatoes and toast, with tea or coffee and it contains around 1,000 calories (women need around 2,000 calories a day and men need around 2,500). However, most people start their working day with a piece of toast or some cereal and some don't have anything at all.

LUNCH

Lunch is between midday and 1:30pm and in England people are more likely to have a smaller meal in the middle of the day. For example, a sandwich and a packet of crisps or a takeaway, which they can eat at their desks. They often work while they eat. If it's someone's birthday, a group of people who work together might go out to a restaurant or a pub for lunch.

DINNER

Dinner (also called supper in the south of the country and tea in the north) is the biggest meal of the day and we have it between 6 and 8pm. In the past, the traditional evening meal was meat and two veg (vegetables), then a pudding, and on Fridays, a lot of people ate fish. Today, many families enjoy a traditional dinner on Sundays, but during the rest of the week we like to cook lots of different things, including food from other countries. Indian food is now more popular in England than fish and chips. Around two million of us go to Indian restaurants every week!

COMPLETE THE SENTENCES WITH AN EXACT WORD, NUMBER OR PHRASE FROM THE TEXT (MAXIMUM 3 WORDS)

1. Elevenses is a _____ in the morning.
2. Afternoon tea is _____ between 2 and 5 pm.
3. Some people _____ for breakfast.
4. Many people eat lunch _____ while they work.
5. English people like to cook food _____.

CHOOSE FIVE STATEMENTS WHICH ARE TRUE ACCORDING TO THE INFORMATION IN THE TEXT. WRITE THE LETTER OF THE TRUE STATEMENTS IN THE SPACE BELOW (IN ANY ORDER).

6. _____
7. _____
8. _____
9. _____
10. _____

- A. Elevenses is a small snack.
- B. A lot of hotels in England don't serve big breakfasts nowadays.
- C. There are vegetables in a full English breakfast.
- D. People sometimes don't stop work to eat their lunch.
- E. Pubs in England are open in the middle of the day.
- F. People in the south of England eat supper at midday.
- G. Fish and chips are less popular now than they were in the past.
- H. 2,000,000 people eat in English restaurants every week.

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WRITING

Write a review (70-100 words) for your local newspaper about a popular restaurant in your town. You should:

- say what type of food the restaurant serves
- what people like and don't like about it and
- say if you recommend it or not and why

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