



## Science

❖ Select true or false. Correct the false sentences.

To be healthy, you need to eat a balanced diet.

Fruits and vegetables give your body vitamins.

Eating in a bed is a good habit.

Is important to wash your hands before eating

The fruit, if is not washed may contain bacteria.



Beets are an unhealthy food.



❖ Choose the correct origin of the food.

