

# HOW MUCH FOOD DOES AN AVERAGE PERSON EAT IN A LIFE TIME?

## How much food does an average person eat in a life time?

And how much do they drink? The answer is a lot!

Do you eat meat? Well, an average meat-eater eats 21 sheep in their lifetime and 1200 chickens. Does that sound quite a lot? The good news is that he or she only eats 42 cows. If you are a vegetarian, maybe you like beans? Well, on average, British and American people eat 845 cans of baked beans in their life.

And why is weight a problem for so many people? How many cookies does the average American eat? The answer is an

amazing 33000. And chocolate? Over 80000 bars!

And how much water or tea do people drink in their lifetime? It's interesting that a person drinks about 75000 litres of water and people in the UK drink about 75000 cups of tea. Maybe it isn't surprising that people use 81 rolls of toilet paper a year! That's about 4300 in their lifetime!



**Reading comprehension:** Answer the following multiple-choice questions. Find the evidence in the text:

1. How much beans do American and British people eat a year?
2. How much chocolate do American people eat a year?
3. How much water do people drink in their lifetime?
4. How much toilet paper do people use in a year?