

Focus 3. Unit 4. Lanfuge Test

Vocabulary

1 Complete the sentences with the missing words. The first letters are given.

0 A balanced diet that includes protein, vegetables and grains is very important.
1 If you get hungry during the afternoon, you can have a healthy s like nuts or fruit.
2 Our m salad includes lettuce, cabbage, carrots and tomatoes.
3 That was such a h meal that I nearly fell asleep afterwards!
4 I always put c pepper in my soup because it makes it taste more interesting.
5 Could you buy a loaf of w bread, please? It's much tastier than the white sort.

Complete the sentences with the words in the box. There is one extra word.

homemade household energy
safety hot tinned stale

0 My grandmother makes homemade soup with lots of vegetable in it.

1 These h biscuits are disgusting! Someone must have left them out on a plate overnight.
2 The waiter didn't warn me that the dish was very h. It was too spicy for me to eat!
3 We are trying to reduce our w waste by buying things with little or no packaging.
4 Be careful when cooking with t tomatoes. They usually contain more salt and sugar than fresh vegetables.
5 Food s standards are very strict in most countries because they don't want a lot of people to get seriously ill.

Grammar

3 Complete the sentences with the words in the box. There are two extra words.

if as soon as after unless

0 I can prepare something if you are hungry.
1 Remove the biscuits from the oven as soon as you can see they're turning brown.
2 You should keep the fruit in the fridge before you want to eat it right now.
3 Please remember to wash your hands before you touch the food so you don't get any germs on it.
4 I always get hungry when I watch one of those cooking programmes on television.
5 You will learn how to cook this dish after you pay close attention to all the steps.

Use of English

Choose the correct option.

WHAT ARE WE EATING TODAY?

Friday 3:30p.m.

I had lunch just two hours ago, but I'm so ⁰ hungry now that I can't think about anything else but food. I can't wait to get home. ¹ I get there, my girlfriend and I will start cooking. My nutritionist has advised me to eat more healthily, so today we're having ² rice and fish for supper. Rice is very easy to prepare. You just need to put it in a pan with water and check about forty minutes later to see if it is ready. It's important to make sure that it is not ³ or hard in the middle, so cook it for a few more minutes if necessary. We're going to eat the fish in a mild sauce along with a simple green salad. It sounds like a healthy, simple meal, ⁴ ? I hope there isn't much traffic tonight so that, by 6 p.m., we ⁵ a perfect homecooked meal.

0 A thirsty B tired C hungry
1 A As soon as B Unless C Before
2 A ground B brown C wholemeal
3 A rotten B stale C raw
4 A won't it B isn't it C doesn't it
5 A will enjoy B will be enjoying C will have enjoyed

6 Choose the correct option.

0 X: What's your favourite fruit?
Y: I like mangoes, but my favourite are ¹ grapes.
A grapes B carrots C biscuits

1 X: Are you going to have a dessert, Mark?
Y: ² you promise to have one, too.
A As long as B When C Until

2 X: So, does that sauce taste good?
Y: Well, it's a bit ³ I think it needs more salt and pepper.
A bland B sour C bitter

3 X: ⁴?
Y: Well, we have a mushroom stew without meat, and a bean and vegetable dish.
A Do you have any vegetarian dishes?
B Can you tell me what the special salad is?
C Can I order, please?

4 X: Why are you in such a hurry?
Y: Because I've got so much homework to do. If nothing disturbs me, I ⁵ three essays by six o'clock.
A will write B will be writing
C will have written

5 X: You seem to spend a lot on your everyday shopping!
Y: I know, but I always buy ⁶ food because I'm worried about dangerous chemicals in normal products.
A fattening B light C organic