

# Listening

## PART 1 Listening Questions 1-6

You will hear three different extracts. For questions 1-6, choose the answer (A, B, or C) which fits best according to what you hear. There are two questions for each extract.

### EXTRACT 1

You hear a psychologist talking about dreams.

1. According to new research
  - A. it's hard to tell if we are awake or dreaming sometimes.
  - B. dreams usually tell us what we really want from life.
  - C. dreams illustrate what is happening in our life.
2. How are women's dreams different to men's?
  - A. Women never dream about strangers.
  - B. Women usually know the people in their dreams.
  - C. Women become very emotional after a dream.

### EXTRACT 2

You hear a radio presenter talking to a doctor.

3. Body Dysmorphic Disorder
  - A. affects most people at some time in their lives.
  - B. prevents people seeing themselves realistically.
  - C. affects people who are unattractive.
4. Sufferers of BDD
  - A. are usually cured by having cosmetic surgery.
  - B. are always bullied at school.
  - C. don't always believe that only one part of their body is ugly.

### EXTRACT 3

You will hear a sociologist talking about how one can improve one's social skills.

5. In order to keep a conversation going you should
  - A. pay attention to the person speaking to you.
  - B. not appear too relaxed.
  - C. look the person in the eyes until they look away.
6. Which of the following shouldn't you do?
  - A. Talk about your children too much.
  - B. Ask personal questions.
  - C. Give oral prompts to show you are listening.

**PART 2 Listening Questions 7-15**

You will hear a radio report about how to develop your brain.  
For questions 7-15 complete the sentences with a word or short phrase.

*Martin Clark reports that*

There are about **7**  neurons in the brain.

Our thoughts cause tiny **8**  to travel to the brain.

Phrenologists of the 19th century believed different parts of the brain controlled one's  
**9** .

The connections made between neurons is compared to somebody's  
**10** .

We **11**  by not using our entire brain.

The creative part of the brain is in the **12**  section.

The right back part of the brain controls **13** .

The four areas of the brain are compared to **14**  that need to be used.

The left back part of your brain is essential for people who need to exercise  
**15**  in their work.

**PART 3 Listening Questions 16-20**

You will hear an interview with a hypnotist. For questions 16-20, choose the answer (A, B, C or D) which fits best according to what you hear.

- 16 The interviewer believes that  
 A. hypnosis is a specialized form of entertainment.  
 B. hypnosis as a form of entertainment can't be justified.  
 C. some entertainers don't use hypnosis in a morally correct manner.  
 D. it is unethical to use hypnosis as a form of entertainment.
- 17 One of the things about hypnosis is that it  
 A. allows people to concentrate on one aspect of their lives.  
 B. encourages people to be more analytical.  
 C. can only work if you are already deeply relaxed.  
 D. will help you to sleep deeply after a session.
- 18 In order to be hypnotised  
 A. you need to get written consent.  
 B. you must be sober.  
 C. you'll probably have to try many different methods.  
 D. you may feel as if you are drunk.
- 19 Hypnotherapy  
 A. is not recommended for people with addictions.  
 B. can be used to change a person's habits.  
 C. is a therapist's most powerful tool.  
 D. gives you more control over the way people perceive you.
- 20 During a session,  
 A. people often forget what was said.  
 B. people regularly come out of the trance prematurely.  
 C. people usually fall asleep for a short amount of time.  
 D. people sometimes resist coming out of a trance.

**PART 4 Listening Questions 21-30**

You will hear five short extracts in which different people are talking about reading. You will hear the recording twice. While you listen, you must complete both tasks.

**TASK ONE**

For questions 21-25, choose from the list (A-H) what each speaker is speaking about.

- A plays  
 B research journals  
 C novels  
 D encyclopaedias  
 E poetry  
 F magazines  
 G instruction booklets  
 H newspapers

- Speaker 1  21  
 Speaker 2  22  
 Speaker 3  23  
 Speaker 4  24  
 Speaker 5  25

**TASK TWO**

For questions 26-30, choose from the list (A-H) which main purpose reading serves for each speaker.

- A to inform for a specific reason  
 B to learn about different countries  
 C to find out about gossip  
 D as a last resort  
 E to appreciate the often overlooked details in the world  
 F to escape from reality  
 G to broaden the mind  
 H to relax

- Speaker 1  26  
 Speaker 2  27  
 Speaker 3  28  
 Speaker 4  29  
 Speaker 5  30