13/5/22 Mary E'

Vocabulary test Unit 7

Choose the correct answer. (15p)

1 You should always _____ your food well before swallowing it.

A digest B absorb C chew D consume

2 Sadie's holiday was ruined when she got food _____ from eating at a restaurant.

A allergy B poisoning C infection D disease

3 Paul makes _____ eggs on toast for breakfast every Sunday.

A scrambled B grilled C baked D battered

4 Tim's ankle felt very _____ after he twisted it at football practice.

A itchy B fit C sore D ageing

5 _____ products like cream and cheese are high in fat

A dairy B poultry C grain D seafood

6 Using sunscreen will _____ your skin from harmful UV rays

A prevent B avoid C protect D promote

7 I prefer drinking low _____ milk because I'm trying to lose weight

A enzyme B protein C fat D carbohydrate

8 Eating lots of sugary foods can _____ your chances of developing diabetes.

A increase B improve C expand D rise

9 The doctor gave Richard a(n) _____ for some painkillers.

A operation B prescription C subscription D addiction

10 If you get a flu _____ you'll be less likely to become ill

A digestion B infection C injection D vaccination

11 How long will it take this wound to _____ ?

A recover B treat C heal D cure

12 Some farmers use artificial _____ to help them grow their crops

A fertilisers B chemicals C pesticides D substances

13 Foods that have been _____ are not very healthy

A fried B mashed C boiled D steamed

14 Lisa is taking antibiotics for her ear _____

A illness B influenza C disease D infection

15 When you want to lose weight, you have to burn _____

A proteins B calories C minerals D nutrients

Circle the correct word. (5p)

1 Keeping **recipes / receipts** is a way to keep track of how you spend money.

2 Fresh fruit have **grains / enzymes** that help us digest food.

3 Glue is a **substance / supplement** that is used to stick things together.

4 It **cuts out / turns out** that exercising regularly is good for our health.

5 Helen only eats sweets **on hand / in moderation** because of her strict diet.

LIVEWORKSHEETS