

13/5/22

Mary

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# Vocabulary test Unit 7

## Choose the correct answer. (15p)

- 1 You should always \_\_\_\_\_ your food well before swallowing it.  
A digest                      B absorb                      C chew                      D consume
- 2 Sadie's holiday was ruined when she got food \_\_\_\_\_ from eating at a restaurant.  
A allergy                      B poisoning                      C infection                      D disease
- 3 Paul makes \_\_\_\_\_ eggs on toast for breakfast every Sunday.  
A scrambled                      B grilled                      C baked                      D battered
- 4 Tim's ankle felt very \_\_\_\_\_ after he twisted it at football practice.  
A itchy                      B fit                      C sore                      D ageing
- 5 \_\_\_\_\_ products like cream and cheese are high in fat  
A dairy                      B poultry                      C grain                      D seafood
- 6 Using sunscreen will \_\_\_\_\_ your skin from harmful UV rays  
A prevent                      B avoid                      C protect                      D promote
- 7 I prefer drinking low \_\_\_\_\_ milk because I'm trying to lose weight  
A enzyme                      B protein                      C fat                      D carbohydrate
- 8 Eating lots of sugary foods can \_\_\_\_\_ your chances of developing diabetes.  
A increase                      B improve                      C expand                      D rise
- 9 The doctor gave Richard a(n) \_\_\_\_\_ for some painkillers.  
A operation                      B prescription                      C subscription                      D addiction
- 10 If you get a flu \_\_\_\_\_ you'll be less likely to become ill  
A digestion                      B infection                      C injection                      D vaccination
- 11 How long will it take this wound to \_\_\_\_\_ ?  
A recover                      B treat                      C heal                      D cure
- 12 Some farmers use artificial \_\_\_\_\_ to help them grow their crops  
A fertilisers                      B chemicals                      C pesticides                      D substances
- 13 Foods that have been \_\_\_\_\_ are not very healthy  
A fried                      B mashed                      C boiled                      D steamed
- 14 Lisa is taking antibiotics for her ear \_\_\_\_\_  
A illness                      B influenza                      C disease                      D infection
- 15 When you want to lose weight, you have to burn \_\_\_\_\_  
A proteins                      B calories                      C minerals                      D nutrients

## Circle the correct word. (5p)

- 1 Keeping **recipes / receipts** is a way to keep track of how you spend money.
- 2 Fresh fruit have **grains / enzymes** that help us digest food.
- 3 **Glue** is a **substance / supplement** that is used to stick things together.
- 4 It **cuts out / turns out** that exercising regularly is good for our health.
- 5 Helen only eats sweets **on hand / in moderation** because of her strict diet.