



## Present simple and present continuous

They usually **wear** blue uniforms.  
They're **wearing** green today.

We usually **have** pasta.  
But we're **having** pizza now.

Use the **present simple** for things you do **many times** or **all the time**.  
Use the **present continuous** for things you are doing **at the time of speaking**.



We usually eat at Ken's Café, but today we're trying The Pizza Place. It's great!

## Read and choose the correct option

1. Kate **drink** / **is drinking** a glass of water now.
2. The family usually **sitting** / **sits** by the window, but today they **sit** / **are sitting** by the door.
3. Jack never **have** / **has** / **having** soup for lunch.
4. Larry usually **having** / **has** meat and salad, but today he **is having** / **has** some pasta.
5. Molly usually **have** / **has** / **is having** lunch at home, but today she **has** / **is having** lunch at the café with her friends.





# Simple Present and Present Continuous



Look at the table. Write sentences using the Present Simple ("usually") and the Present Continuous ("today")

| usually                             | today                             |
|-------------------------------------|-----------------------------------|
| 1. the waitress/wear/ a red uniform | she /wear/ a blue uniform         |
| 2. Molly/have/some bread            | she /have / a bowl of soup        |
| 3. Harry/drink/milk                 | he /drink/orange juice            |
| 4. Charlie and Molly/eat/pasta      | they/eat/salad                    |
| 5. we/sit/by the window             | we/sit/in the corner              |
| 6. Toby/come/with us                | he/play/a rugby match at the club |
| 7. Dad/pay/the bill                 | Mum/pay/the bill                  |
| 8. we/walk/to the café              | we/go/by car                      |

1. The waitress usually wears a red uniform, but today she's wearing a blue uniform.

2. Molly usually some bread, but today she a bowl of soup.

3.

4.

5.

6.

7.

8.