



I feel tired when  
I play football after school.

I feel better when  
I find it!

I feel sick when  
I eat too much cake.

I feel better when  
she says 'sorry'!

I feel sad when  
I lose my favourite toy.

I feel better when  
I play a game!

I feel bored when I'm  
in the car.

I feel better when  
my friends arrive!

I feel angry when  
my sister is mean to me.

I feel better when  
I eat a snack and  
watch TV!

I feel scared when  
I go to a party.

I feel better when  
I drink some water!