Homework 11.05

1. Choose the correct item.

1 ……., poultry and seafood are great sources of protein.

A Fruit **B** Vegetables **C** Meat

2 You should wear sunglasses to protect your eyes because bright sunlight can damage your ……. .

A sight **B** smell **C** touch

3 You should drink milk every day to get the ……. you need to stay healthy.

A carbohydrates **B** calcium **C** fluids

4 The brain needs a type of ……. called glucose for energy.

A sugar **B** flour **C** salt

5Suzy has got a bad ….. in her ear. She needs to see a doctor.

A injury **B** syndrome **C** pain

6 The head ….. watched his team win the game from the side of the pitch.

A viewer **B** fan **C** coach

7 ….. are delicious little red fruits that go well with some cream.

A Strawberries **B** Peaches **C** Grapes

8 Your brain is the most important ….. in your body. It controls everything.

A sense **B** organ **C** bone

2. Choose the correct preposition.

1 This yogurt is low **of/in** fat.

2 Try and eat cereals that are full **in/of** fibre.

3 Karen pays attention **at/to** the amount of sweets she eats.

4 Did you now that strawberries are high **in/of** vitamin C?

5 Homemade soup is good **for/to** you when you have a cold.

LIVEWORKSHEETS