Ergonomics

Noor wants to study an office environment to identify some ergonomic features. Can you **study the picture** and help her to **identify 3 different pieces of ergonomic furniture?**

Drag and drop select from the bottom menu Then put it next to How does it help?

Improves core strength and 360 degree movement

Less eye strain

Improve posture

Feature 1: : Sitting on a balance ball

How does it help?

Feature 2: Standing Desk

How does it help?

Feature 3: Monitor extended to be at eye level

How does it help?