

1 Wake up your senses!

LISTENING

1.3 Listen to the podcast. What is the presenter's aim?

- A to show listeners how to test their sense of taste
- B to compare his sense of taste with the average person
- C to give information about a special category of people

1.4 Listen again and complete the sentences with a word or a short phrase in each gap.

EF SW

A science podcast

- 1 The first podcast in the series on senses talked about ¹
- 2 Supertasters have more ² for processing taste than an average person.
- 3 The presenter was surprised that being a supertaster can ³ your diet.
- 4 Approximately a ⁴ of the population are supertasters.
- 5 People tend to lose their sense of taste and smell after the age of ⁵
- 6 The majority of people don't understand that the nose and mouth are both needed to produce a ⁶ variety of tastes.
- 7 The 350 receptors in the nose work by detecting the ⁷ structure in the smell of what we eat.
- 8 It is estimated that human beings can distinguish up to ⁸ different smells.
- 9 Many people from the Science for Life office ⁹
- 10 The presenter was disappointed to have ¹⁰ result in a taste test.

Extend

1 Match these adjectives with the types of food (A-D). There's one extra word you do not need.

bitter salty savoury sour sweet

A



B



C



D



2 Choose the correct words to complete the sentences (1-5).

- 1 Any non-sweet food can be called **salty** / **savoury**.
- 2 Food with a lot of or too much flavour is described as **great** / **strong**.
- 3 An apple without much flavour can be called **watery** / **fruity**.
- 4 Dishes with a lot of chillies can be called **spicy** or **burning** / **hot**.
- 5 Someone who refuses to eat many types of food is called a **bossy** / **fussy** eater.

3 Choose the correct words to complete the text.

A matter of taste

I have an identical twin sister, but we couldn't be more different when it comes to food. She loves cakes and biscuits whereas I don't eat many ¹ **sweet** / **savoury** things. She's definitely a milk chocolate fan, but I prefer the ² **fruity** / **bitter** flavour of dark chocolate. It's the same with coffee: mine is ³ **strong** / **sour** and full of flavour, hers is all ⁴ **salty** / **watery**. And she never wants to eat my curry! I love chillies so it's much too ⁵ **fussy** / **spicy** for her, but for me, the ⁶ **hotter** / **bigger**, the better!