Part 2

Questions 9 – 16

Read the sentences about fitness and appearance.
Choose the missing word (**A**, **B** or **C**) for each space.

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9 If you don't like ..... exercises, dancing can keep you fit.

A doing **B** playing **C** making

10 Does your brother want to ..... badminton with us on Monday?

A make **B** play **C** go

11 One of our players broke his ..... in the football match last Saturday.

A toe **B** hair **C** stomach

12 I like winter because we can ..... on the river.

A ski **B** ride **C** skate

13 If you eat fruit without washing it, it can make your ..... hurt.

A leg **B** fingers **C** stomach

14 Peter wasn't well and now he looks quite ..... .

A long **B** straight **C** thin

LIVEWORKSHEETS

15 My aunt and uncle often ..... sailing at the weekend because they both love being on the sea.

A have **B** go **C** play

16 My hair is ....., but my sisters both have dark hair.

A black **B** fair **C** brown

LIVEWORKSHEETS

Part 3

Questions 17 – 24

Read the sentences about sport, health and the body. What are the missing words?
The first letter is already there. There is one space for each other letter in the word.

For questions **17 – 24**, write the words.

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17 Martin's really good at **v** _ _ _ _ _ _ _ _ _, and he plays for a team every Saturday.

18 Would you like to play **g** _ _ _ with us tomorrow?

19 If your **b** _ _ _ and neck hurt, try doing yoga to help.

20 The boys couldn't go **f** _ _ _ _ _ _ at the river because of the bad weather.

21 Josh doesn't like playing **b** _ _ _ _ _ _ _ _ because he prefers games with a ball.

22 Stella is really **f** _ _ – she goes running five times a week.

23 We have ten **f** _ _ _ _ _ _ on our hands.

24 Jack is the best player in the football team and all the girls think he's very **a** _ _ _ _ _ _ _ _ _ .

LIVEWORKSHEETS

Part 4

Questions 25 – 32

Read the story about a woman who does yoga.
Choose the best answer (**A**, **B** or **C**) for each space.

Fast or slow?

I still remember the day of my skiing accident. It was two years ago, and I tried to go too fast and hurt my back. I was angry because I **(25)** ..... ski. The doctor said, '**(26)** ..... to rest, and you certainly **(27)** ..... go skiing.' It was awful when I heard that. '**(28)** ..... do any exercise?' I asked. The doctor said, 'Yes, but only swimming and yoga.' I didn't know a lot about yoga, but I learnt that it's a set of exercises that started in India over a thousand years ago.

I started yoga classes, and I really learnt to relax. Before my accident, I **(29)** ..... relax. I always wanted to do everything very fast, but now I have **(30)** ..... things slowly. Lots of people ask me, **(31)** '..... to be very fit to do yoga?' The answer is no.

The good news is that the doctor says I **(32)** ..... to wait very long now before I can go skiing again!

LIVEWORKSHEETS

25	**A**	doesn't	**B**	haven't	**C**	couldn't
26	**A**	You can	**B**	You have	**C**	Have you
27	**A**	didn't	**B**	can't	**C**	haven't
28	**A**	I can	**B**	I could	**C**	Can I
29	**A**	can't	**B**	couldn't	**C**	don't
30	**A**	do	**B**	doing	**C**	to do
31	**A**	Do you have	**B**	You do have	**C**	You don't have
32	**A**	doesn't have	**B**	don't have	**C**	can't have

LIVEWORKSHEETS

Part 5

Questions 33 – 40

Read the sentences about sport and exercise.
Choose the best answer (**A**, **B** or **C**) for each space.

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33 Do ..... to walk a lot when you play golf?

A you haven't **B** you have **C** have you

34 ..... run fast when you were a child?

A Can you **B** You could **C** Could you

35 'Do you have to pay for the gym?' 'No, you ..... .'

A can't **B** haven't **C** don't

36 He ..... play volleyball yesterday because his leg hurt.

A couldn't **B** can't **C** could

37 You ..... to go to the gym every day.

A has not **B** doesn't have **C** don't have

38 I ..... only swim a few metres when I started the class.

A can **B** could **C** couldn't

LIVEWORKSHEETS

39 To play rugby, you ..... to be very fit.

A have **B** has **C** haven't

40 She wants to join the beginners' class because she ..... dance very well.

A can't **B** could **C** couldn't

LIVEWORKSHEETS