

## Unit 7: Food and cooking - Lesson 1&2

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Name: ..... Class: .....

### 1 What did we learn today

Vocabulary	Grammar	Skills
<ul style="list-style-type: none"> <li>• food vocabulary</li> </ul>	<ul style="list-style-type: none"> <li>• a few, a little, some, any, many</li> <li>• question tags: present simple</li> </ul>	<ul style="list-style-type: none"> <li>• Read and fill in the missing information</li> <li>• Ask and answer about food</li> </ul>

### 2 Let's Practice

Exercise 1:

A. Read and correct the mistakes. There is one mistake in each line.

**EAT WELL, STAY HEALTHY**

Is there anything you'd like to know about the things you eat or drink?



Just ask Dr Emma Evans! Let's have a look at this week's questions.

Bob: How many sugar is there in a glass of cola? ..... much

Dr Evans: There are lots of sugar in cola. We shouldn't drink too much cola. It's not healthy. .....

Alice: How much vitamins are there in hamburgers? .....

Bob: There aren't much vitamins in hamburgers (only vitamin A). But there's lots of fat. So be careful! .....

Maria: How much calories are there in a piece of chocolate cake? .....

Dr Evans: There are a little calories in chocolate cake. There are 235 calories in just a piece of cake! .....

Alex: How many fat is there in a glass of milk? How many glasses of milk should I drink every day? .....

Dr Evans: There isn't many fat in milk. Milk is really good for you and you can drink many glasses every day – but no more than three. You need variety in your every day diet. .....

**B. Read the text again. Fill in the missing words**

1. We shouldn't drink too much cola because there's lots of ..... in it.
2. There's only ..... but lots of ..... in hamburgers.
3. There are ..... in just a piece of cake.
4. We should drink lots of milk every day because there isn't ..... in it.

**Exercise 2:**

**A. Read and use the words in the box to complete.**

Milk, yoghurt and cheese.

We get milk from cows, sheep and (1) goats. If you leave a glass of (2) ..... out of your fridge on a hot day, it changes (3) ..... Small solid lumps start to form on the top of it. This is because (4) ..... in the air go into the milk and change it into yoghurt. Some kinds of bacteria can be bad for you, or make the milk (5) ..... bad, but if your milk has the right (6) ..... of bacteria, it (7) ..... yoghurt.

Yoghurt tastes good and it is healthy, but you need to keep it in the fridge.

People tried using (8) ..... kinds of bacteria with milk and then they (9) ..... to make cheese. They usually use bacteria called rennet to make hard cheese. People keep some of these cheeses for three or four (10) ..... or more because they like the taste of old cheese. What kind of cheese do you like, (11) ..... cheese or soft cheese? Do you (12) ..... cheese made from sheep's, goat's or cow's milk?

What's the difference in taste?



different	smell	kind
goats	bacteria	milk
quickly	makes	prefer
began	hard	years

**B. Read again and answer.**

1. Where do we get milk from?

2. Where do we keep milk cold?

3. When do lumps form in milk?

4. What different things can we make from milk?

5. What changes milk into yoghurt?

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6. What bacteria do people usually use to make hard cheese?

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