

# EATING HABITS

I. Match the pictures with the proper action

1.



2.



3.



4.



5.



a. Sleep well   b. Eat paper   c. Do exercise   d. Drink juice   e. Lose weight

II. Fill in gaps with *Should* or *Shouldn't*

1. Elkin ***shouldn't*** eat a lot of sweets. They are not Good for his health.
2. Karla \_\_\_\_\_ go on a diet. She looks overweighted.
3. You \_\_\_\_\_ consume foods late at night. You can have a severe stomachache.
4. My sister \_\_\_\_\_ intake supplementary food because she is skinny.
5. I \_\_\_\_\_ see to the doctor because I binge eat and I can't sleep.
6. Students \_\_\_\_\_ bring more fruits for snacks at school.

III. Complete the statements using *Should* or *shouldn't* and one of the actions from the box.

give – lose – go – drink – stop - eat

Example: María ***should eat*** fruits and vegetables everyday for a good health.

1. Maicol \_\_\_\_\_ weight because he cannot run quickly.
2. Camila's mom \_\_\_\_\_ to the gym, she hardly walks.
3. You \_\_\_\_\_ citric juices at night. They can kill you.
4. Children \_\_\_\_\_ rocks or papers. They are dangerous for their health.
5. Teens \_\_\_\_\_ eating food. They can get ill rapidly.
6. moms \_\_\_\_\_ children chips as school snacks.