

Reading and writing

1. Read the text and complete exercises.

MY DAILY ROUTINE

My name's Alison, and I am 21 years old. I live in New York but I'm Colombian. I live with my boyfriend, and we are very happy. I work in a bank, and I love my job.

From Monday to Friday, my day starts very early. I always get up at 6:00 and I have a 30-minute shower. Then, I get dressed and comb my hair in 15 minutes. At 07:00 a.m. I have breakfast, I usually have coffee and cereal. After that, I put on my make up and go to work at 7:30am.

At 10:30 a.m., I sometimes have a snack and at 12:00 I usually have lunch at the office with my colleagues. They are wonderful people who have a good sense of humor, and they are good friends too. At 4:30 I have a snack again, I usually have some coffee and cookies.

On Monday, Tuesday, Wednesday, and Thursday I go to the gym after work. When I get home, I have a shower again, I prepare dinner and I watch TV for a while. I like to go to bed as soon as possible, around 10:30

Friday is different because I don't go to the gym. I go out with my boyfriend every Friday. We usually go to the cinema, or we go out for dinner and to have a drink.

On weekend in the morning, I go running and I clean the house. At night I always go out with my friends, we sometimes go to a bar and sometimes we meet at a friend's house, but I can't be home late because I have to get up early.



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2. Choose true or false according to the text.

- Alison is American. **True** **False**
- Alison goes to work at 7:30 am. **True** **False**
- She never have lunch at office. **True** **False**
- She hates her job. **True** **False**
- She goes out with her boyfriend every Friday. **True** **False**

3. Answer the question about the text.

- Where does she live? _____
- What time does she get up? _____
- Who does she have lunch with? _____
- What days does she go to the gym? _____
- When does she go out with her friend? _____
- What does she do on weekend in the morning? _____
- Why is Friday different? _____
- What time does she go to bed? _____

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4. Choose the correct answer.

- **She gets dressed and combs her hair at _____**
 - A) 6:45
 - B) 6: 00
 - C) 6: 30
 - D) 7:00

- **Her colleagues are _____**
 - A) Her colleagues are angry people who have a bad sense of humor.
 - B) Her colleagues are bored people who have sad life.
 - C) Her colleagues are wonderful people who have a good sense of humor.
 - D) Her colleagues are rude people who have many problems.

- **Why can't she be home late on weekends?**
 - A) Because she has to meet with her friends early.
 - B) Because she has to prepare dinner for her boyfriend.
 - C) Because she has to clean her house early.
 - D) Because she has to get up early.

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5. Write about your daily routine.
