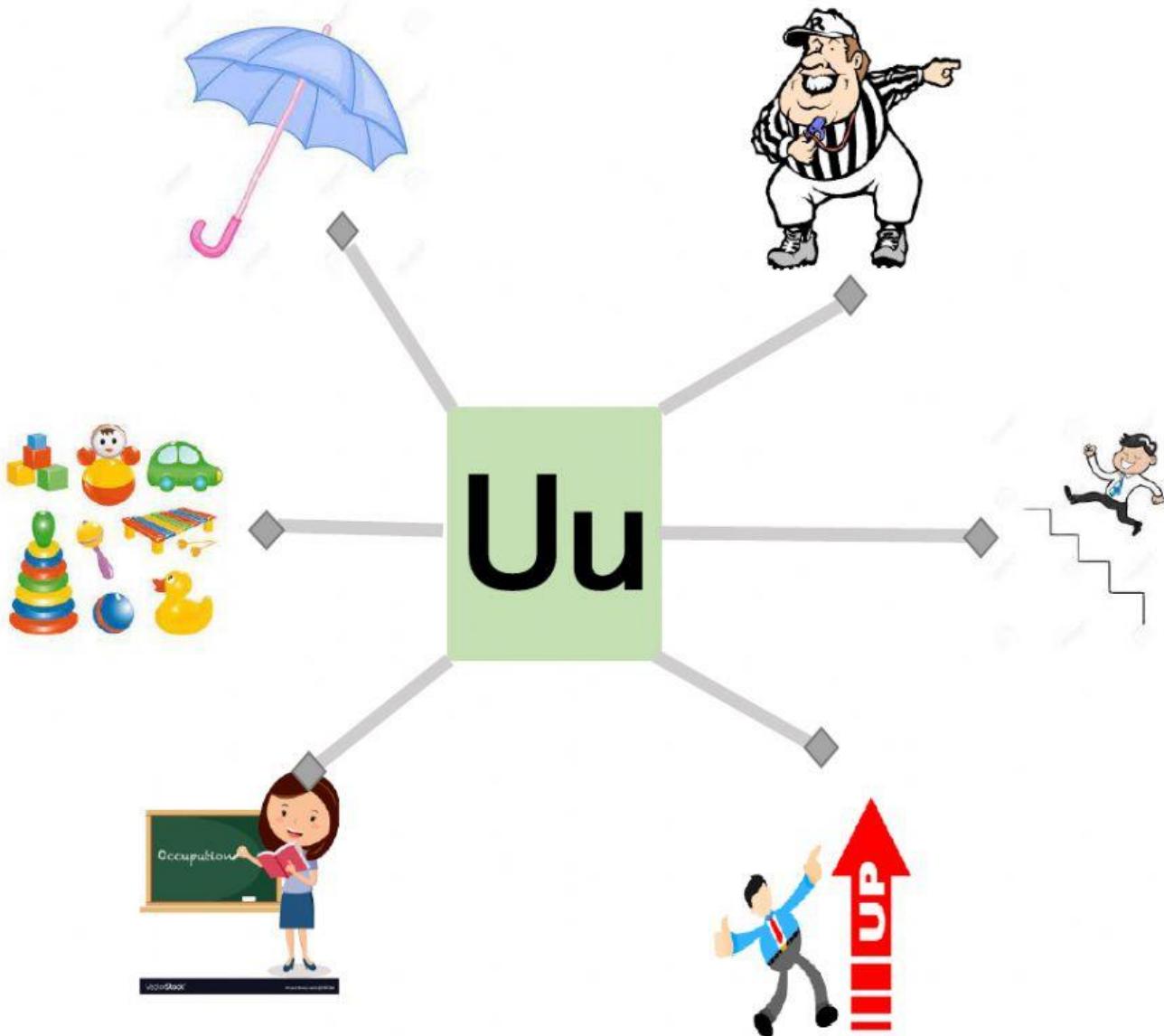


*Match



*Read the sentence

The **umpire** stands up and goes upstairs.

*Circle the sightword

up

1 **up**

2 **ups**

3 **up**

4 **ups**

I can sit **up**. I do sit-**ups** every day.

I can stand **up**. I do push-**ups** every day.