



Fill in gaps with the suitable word from the list :

Over the past few years, developed countries have encountered various cases of children 1) from the problem of obesity. This essay will 2) the possible causes for this increasing problem among children and also suggests the possible consequences that may result in case of negligence.

To begin with, one of the main causes of obesity among children is poor 3) as they are often seen eating junk food. At almost every corner of the street, one can find 4) offering mouth tempting fast foods. Kids at home sometimes eat processed food 5) their parents do not find sufficient time for preparing the fresh food. For example, 6) foods are purchased and kept in fridge for days. This food is not fresh and healthy. Hence affects their health, leading to piling up of fat and affects their fitness .

As a result, there are many possible 7) faced by the children. One such ill-effect is the risk of developing health related severe diseases like diabetes. So, This kind of illness implies that the child would need to be 8) with insulin for the whole life. Moreover, overweight children are often found to be bullied . For example, many 9) kids are found disturbed facing the negative stigma of being obese

On the whole, it is evident that there are various causes responsible for obesity among children and can lead to serious consequences in the future. Also, It is the duty of their 10) and doctors to ensure that appropriate steps are taken to prevent this problem from getting worst in the future.

discuss

because

diet

overweight

restaurants

consequences

packaged

parents

injected

suffering