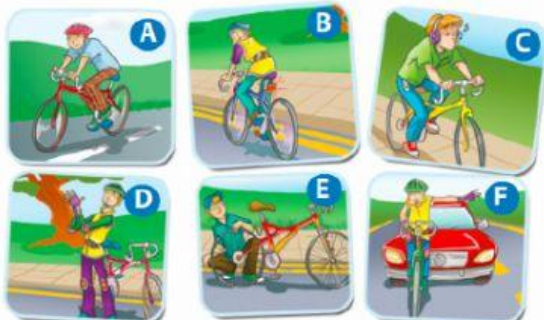


Name: _____

Task 1. Before reading: Match the words with their translation:

accident	защищать
protect	уважать
reflector	наколенник
reflective belt	отражатель
knee pad	авария
respect	сигнал рукой
hand signal	покрышка
brakes	цепь
tyre	отражательный пояс
chain	тормоза

2 Read and mark the sentences **T** (true), **F** (false) or **DS** (doesn't say).



- Bicycle accidents happen very often.
☐ **T** ☐ **F** ☐ **DS** ☐ ...
- It's a good idea to wear a hat under your helmet.
☐ **T** ☐ **F** ☐ **DS** ☐ ...
- A reflective belt helps drivers see you.
☐ **T** ☐ **F** ☐ **DS** ☐ ...
- You can wear headphones when you cycle.
☐ **T** ☐ **F** ☐ **DS** ☐ ...
- You must put oil on your chain every week.
☐ **T** ☐ **F** ☐ **DS** ☐ ...

smart RULES

to cycle safely

It's a beautiful day and there's no school. It's the perfect time to go for a ride with your friends. You get on your bike and you feel as free as a bird. Cycling is fun, but sometimes accidents happen, so you should cycle safely. Here are a few tips to help.

- The most important thing to remember is that you must wear a helmet. Your helmet will protect your head in case you fall off your bike. Remember to wear a helmet that fits you and never wear a hat under your helmet.
- It's also important that drivers can see you. You must put reflectors on your bike and wear something bright such as a reflective belt. At night-time you must also have the lights on.
- You shouldn't wear loose clothes or headphones. Gloves and knee pads are a good idea.
- You must respect road signs and use hand signals to tell drivers that you want to change direction.
- You mustn't ride too close to cars, especially parked cars. People can open car doors suddenly.
- Last but not least, remember to keep your bike in good condition. Check the brakes, tyres and chain regularly.

2 Match the signs A-E to their meanings (1-5).

A ☐**Lights out at 12**B ☐**NO EXIT**C ☐**Food served
7am-10am**D ☐**SILENCE**E ☐**Use the
BINS**

- You **shouldn't** throw litter on the ground.
- You **mustn't** make noise.
- You **can** have breakfast here.
- You **must** be in bed by midnight.
- You **mustn't** use this door.

• An email about rules

1 Read the email and complete the gaps with: ...

have to mustn't
can must



Hi Antonio,

I hope you are having a good time. I arrived at the summer camp in Sardinia a few days ago and so far so good. Everyone is very friendly. I made a few friends already. They're pretty cool. It's a very nice place with lots of things to do.

We 1) / ... get up at 7 am for breakfast and then we have to go to English lessons. After lunch, we can do whatever we like, but we 2) ... leave the camp without a group leader. We 3) ... choose from a lot of activities like horse riding, canoeing and so on. There's also a small beach. Yesterday, we spent the whole day there. In the evening, we 4) ... play video games or watch films or just hang out. I'm having a great time. The only problem is that we 5) / ... be in bed by midnight.

Anyway, you 6) / ... come next year. You'd love it here.

See you soon,

Enrico