

Name: _____ Score: _____

I – Choose a check (✓) on the line if the sentence tells about a way of preventing a disease. Put a cross (X) if it does not.

- _____ 1. Keep your surroundings clean and dispose of garbage properly.
- _____ 2. Brush your teeth when you feel like it.
- _____ 3. Mix biodegradable and non-biodegradable materials.
- _____ 4. Have a regular dental check-up.
- _____ 5. Avoid littering in public places.
- _____ 6. Eat candies and chocolates even if you have sore throat.
- _____ 7. Sleep for at least 8 hours a day.
- _____ 8. Eat a balanced diet meal composed of go, grow, and glow.
- _____ 9. Regular exercises improve your ability to perform daily activities.
- _____ 10. Change your clothes every other day.

II – Tell what you should do in each situation.

1. Your classmates throw garbage on the playing area.

2. You smelled that your classmate has a body odor as she passed in front of you.

3. You have been suffering from high fever for the past three days.

4. Most of your neighbors throw their trash into the river.

5. Your tooth aches most of the time.
