

A Serious Disease with a Funny Name

A Listen and read.

Do you know about chicken pox? It's a disease. Many people all over the world get it. People usually get chicken pox when they are children. Little red bumps come out all over the body. The bumps itch a lot.



Red bumps caused by chicken pox

This girl has little red bumps. She has chicken pox. She should go to the doctor. And she should stay in her room for a week. She shouldn't spread the disease to other people. She should drink lots of liquids. She should also get plenty of rest. This helps her get well. She should put cream on her bumps. This helps with the itching.

Does anyone around you have chicken pox? Be careful. You should wash your hands and keep clean. You should stay away from him or her for one week.



Cream put on itchy bumps

If you get chicken pox, don't worry. It gets better after a week. After you have chicken pox once, you don't get it again. This means you can then look after your friends when they have it.

B Read and check.

1. Chicken pox causes little red bumps on the skin.
2. People with chicken pox should get plenty of rest.
3. You can get chicken pox many times in your life.
4. People with chicken pox get better after one week.

Yes	No
☐	☐
☐	☐
☐	☐
☐	☐

Reading & Writing

A Read the story. Look at the words below. Then write.

My friends Lena and Randy hurt themselves after school today. They fell when they were climbing a tree. We had to ① call an ambulance! Lena has a ② broken arm. She can't use her arm for a month. Randy has a big ③ bruise on his leg. The doctor said he should ④ put ice on it to keep it cool. Then I had a ⑤ stomachache. My mom said I should ⑥ take medicine. The medicine helped, and I feel fine now. I'm glad my friends are going to be OK. I think we should all get some rest after all the worry.



stomachache



call an ambulance



broken arm



take medicine



put ice on



bruise

B Check the best title for the story.

- a. Taking Medicine
- b. Time to Rest
- c. A Bad Day

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For the portfolio, see page 89.