

Read and Learn:

We use **adverbs of frequency** to describe **how frequently** something happens.

We usually use adverbs of frequency with the **present simple tense**.

Adverbs of frequency

always 100 % 
usually 90 % 
often 70 % 
sometimes 30 % 
never 0 % 

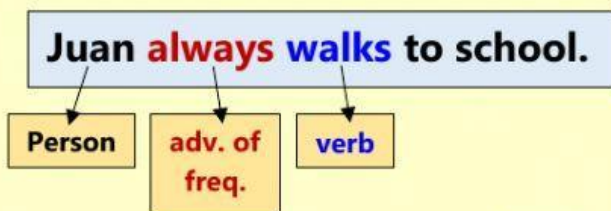
Remember



Position in a sentence:

1) We put the adverbs of frequency **BEFORE** the main verb.

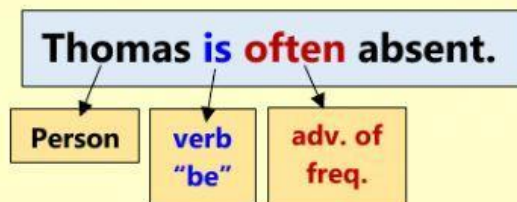
Example:



2) BUT we put them **AFTER** the verb BE:



Example:



More examples:

With common verbs:	With the verb BE
I usually clean my room on Saturdays.	I am sometimes late for school.
You sometimes play football at the park.	You are always worried about English exams.
He often studies in the evening.	He is usually thirsty after lunch.
She always wears shirts.	She is often hungry in the afternoon.
It never rains in the desert.	It is never hot on winter mornings.
We often go to school by car.	We are always at school on weekdays.
They never watch TV at night.	They are usually at home on Sundays.

Activity 1: Only one sentence is correct. (Click on A, B or C)

- 1) A) Benjamin **never is** at work.
B) Benjamin **is never** at work.
C) Benjamin **is** at work **never**.
- 2) A) We **have usually** lunch at 12 o'clock.
B) We **usually have** lunch at 12 o'clock.
C) We **have** lunch **usually** at 12 o'clock.
- 3) A) She **always travels** by plane.
B) **Always** she **travels** by plane.
C) She **travels always** by plane.
- 4) A) They **sometimes are** at the park on Sunday afternoons.
B) They **are** at the park **sometimes** on Sunday afternoons.
C) They **are sometimes** at the park on Sunday afternoons.

Activity 2: Put the adverbs of frequency in the correct place.

Example:

We go to the beach in the summer. (**usually**)

We **usually** go to the beach in the summer.

- 1) Susan is late for school. (**never**)

- 2) I eat fish. (**sometimes**)

- 3) Peter cleans his room. (**often**)

- 4) My parents are busy. (**always**)