



Impact 1 – Unit8: Human development

Reading “A message for you”

Dear girls!

I am your teacher Ms. Fatima, and I will share with you pieces of my life.

I was a **teenager** once just like you are my beautiful students and I am telling you it was a difficult **age**, I am sure you are experiencing mood swings, being a cry baby or a drama evil queen but its all natural due to changes in hormones and you are in the process of blooming into beautiful young ladies. My advice to you is take your time, be childish and enjoy but most importantly take care of yourself, do your **chores** and remember **education** is your ticket into achieving your dreams.

At the end, you are my daughters and I care about you and I am always here for you.

With love

Read the statements and fill in the gaps with True (T) or False (F).

- 1) The sender of the letter is teacher Faiza ()
- 2) Being an adult is difficult ()
- 3) Hormones can be the reason for mood swings ()
- 4) Being lazy is your ticket to achieve your dreams ()