

## D. SPEAKING

### Exercise 1:

25% of your score in the IELTS Speaking test is for *lexical resource*. *Lexical resource* means using a good range of vocabulary.

You can improve your *lexical resource* by building your vocabulary on IELTS topics. Use the words in the box to complete the student's notes. Then watch the video and check your answers.

|                                                                                                                                                                                                                                                                                                                       |                         |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|
| <i>Describe what you like to have for breakfast in the morning.</i><br><i>You should say:</i><br><i>what you like to eat and drink for breakfast</i><br><i>how you prepare these things</i><br><i>whether you think this is a healthy breakfast</i><br><i>and explain why you like to eat and drink these things.</i> | <i>(Unit 4_Video 1)</i> |
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|                  |            |             |               |              |              |               |                |                |
|------------------|------------|-------------|---------------|--------------|--------------|---------------|----------------|----------------|
| <i>breakfast</i> | <i>eat</i> | <i>eggs</i> | <i>energy</i> | <i>juice</i> | <i>lives</i> | <i>recipe</i> | <i>sausage</i> | <i>vitamin</i> |
|------------------|------------|-------------|---------------|--------------|--------------|---------------|----------------|----------------|

#### what you like to eat and drink for breakfast

orange or apple \_\_\_\_\_

scrambled \_\_\_\_\_

beans and \_\_\_\_\_

#### how you prepare these things

I will cook English \_\_\_\_\_ with my parents.

I will find a \_\_\_\_\_ to learn how to cook it.

#### whether you think this is a healthy breakfast

Orange juice gives us \_\_\_\_\_ C .

It gives me a lot of \_\_\_\_\_ .

#### explain why you like to eat and drink these things

This kind of breakfast is important in our \_\_\_\_\_ .

I like to \_\_\_\_\_ this breakfast because I enjoy it.

**Exercise 2:** In IELTS Speaking Part 2 you will speak about your personal experience of a topic.

Then, in Part 3, the examiner will ask you about your general opinions on the same topic.

**Look at a student's answers and decide if each one describes a personal experience (for Part 2) or a general opinion (for Part 3).**

1. We should eat healthier food because we need healthy bodies to work and study.

*This is personal experience for Part 2./ This is a general opinion for Part 3.*

2. In my country, we eat noodles and rice for breakfast.

*This is personal experience for Part 2./ This is a general opinion for Part 3.*

3. I think that buying fast food is often easier than cooking for yourself.

*This is personal experience for Part 2./ This is a general opinion for Part 3.*

4. I think governments should give people more advice about healthy food.

*This is personal experience for Part 2./ This is a general opinion for Part 3.*

5. I think I have a recipe to show me how to cook it.

*This is personal experience for Part 2./ This is a general opinion for Part 3.*

6. No, I don't think so, because it is now more expensive to import food from foreign countries. *This*

*is personal experience for Part 2./ This is a general opinion for Part 3.*

7. I think we're healthier than in the past because nowadays we concentrate on the ingredients in meals.

*This is personal experience for Part 2./ This is a general opinion for Part 3.*

8. I don't like milk. I just drink it because it's healthy.

*This is personal experience for Part 2./ This is a general opinion for Part 3.*

9. Yes, I think so, because nowadays we are unhealthy because of fast food.

*This is personal experience for Part 2./ This is a general opinion for Part 3.*

10. In the morning, I like to have eggs, juice and toast.

*This is personal experience for Part 2./ This is a general opinion for Part 3.*

**Exercise 3: Read the information. Then put the letters in the correct order to complete the food collocations.**

One way to build your vocabulary is to learn different *collocations*. *Collocations* are pairs or groups of words that are commonly used together.

**Example:**

*homemade + food = homemade food*

(food that is made at home and not bought from a shop.)

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| 1  | fresh      | f | r | u | i | t |   |   |   |   |  |  |  |  |  |  |  |  |  |
| 2  | mineral    | w | a | t | e | r |   |   |   |   |  |  |  |  |  |  |  |  |  |
| 3  | English    | b | r | e | a | k | f | a | s | t |  |  |  |  |  |  |  |  |  |
| 4  | fast       | f | o | o | d |   |   |   |   |   |  |  |  |  |  |  |  |  |  |
| 5  | fruit      | j | u | i | c | e |   |   |   |   |  |  |  |  |  |  |  |  |  |
| 6  | green      | t | e | a |   |   |   |   |   |   |  |  |  |  |  |  |  |  |  |
| 7  | scrambled  | e | g | g | s |   |   |   |   |   |  |  |  |  |  |  |  |  |  |
| 8  | strawberry | y | o | g | h | u | r | t |   |   |  |  |  |  |  |  |  |  |  |
| 9  | roast      | c | h | i | c | k | e | n |   |   |  |  |  |  |  |  |  |  |  |
| 10 | Italian    | p | i | z | z | a |   |   |   |   |  |  |  |  |  |  |  |  |  |

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**Exercise 5: Read the IELTS Speaking Part 3 questions and answers. Highlight the words that the student uses to *paraphrase* the examiner's words in bold.**

**1. Examiner:** Do you think it's easy to buy **many types of food** in your country?

**Student:** Yes, there is definitely a wide variety of things to eat where I am from.

**2. Examiner:** Some people say it's better to eat mostly **local food** rather than food imported from other countries. Do you agree?

**Student:** Yes, I think it is important to buy food that was grown near where you live.

**3. Examiner:** Do you think that **your country's traditional food** might disappear in the future?

**Student:** No, it simply isn't possible that people would stop eating what we have always eaten where I am from.

**4. Examiner:** Do you think that the food people eat in your country now is better than **the food that they ate in the past**?

**Student:** No, I don't. I think what people used to eat was healthier.

**5. Examiner:** What are the reasons why **unhealthy food** is so popular in many countries these days?

**Student:** I think there are several reasons why people like eating things that are bad for them.

**Exercise 6: In IELTS Speaking Part 3 you can use *and, but, so, and because* to help explain your opinions.**

Read the information, then complete the sentences. Use the words in the box.

Use **and** to join two ideas that are similar. (e.g. *I like coffee **and** tea.*)

Use **but** to join one idea that is different from another idea. (e.g. *I like apple juice **but not** orange juice.*)

Use **so** to join one idea that is the result of another idea. (e.g. *I want to be healthier, **so** I'm eating more fruit.*)

Use **because** to join one idea with the reason for another idea. (e.g. *I am going to a restaurant on Saturday **because** it's my friend's birthday.*)

*and      because      because      but      so*

1. Sugar causes a lot of health problems, \_\_\_\_\_ people should eat fewer things that contain sugar.
2. In my country, it's easy to have a healthy diet \_\_\_\_\_ we grow a lot of fruit and vegetables.
3. Fast food is unhealthy \_\_\_\_\_ it's tasty and cheap.
4. One reason I like fruit is that it tastes nice \_\_\_\_\_ another reason is because it's healthy.
5. People drink a lot of water in the summer \_\_\_\_\_ it's very hot.

**Exercise 7: Watch the video of a student doing IELTS Speaking Part 3. Listen and complete the examiner's questions.**

1. **Examiner:** OK, we've been talking about food and drink and I'd like to

(Unit 4\_Video 2)

discuss with you one or two more general questions related to this. So let's consider, first of all, local and \_\_\_\_\_ food. Do you think it's easy to buy many types of food in your country?

**2. Examiner:** Some people say it's better though to eat mostly \_\_\_\_\_ food rather than food imported from other countries. Do you agree?

**3. Examiner:** Do you think it's \_\_\_\_\_ ? Why?

**4. Examiner:** Do you think though that your country's \_\_\_\_\_ food might disappear in the future?

**5. Examiner:** OK, let's think about food \_\_\_\_\_ and healthy food. Do you think that the food people eat in your country now is better than the food that they ate in the past?

**6. Examiner:** What are the reasons why \_\_\_\_\_ food is so popular in many countries these days?

**7. Examiner:** Do you think that governments should make laws which encourage people to eat healthy \_\_\_\_\_ and avoid unhealthy food?

**8. Examiner:** Do you think people would obey the rules, the government rules, about \_\_\_\_\_ food?

**Exercise 8:** There is one mistake in each of the student's answers. Find the mistakes and correct them.

**1. Examiner:** Do you think it's easy to buy many types of food in your country?

**Student:** Yes, I think is easy to buy international food in Hong Kong.

**2. Examiner:** Do you like international food?

**Student:** I prefer eat local food from my country

**3. Examiner:** Do you think though that your country's traditional food might disappear in the future?

**Student:** As far I as can see, it's possible, but unlikely.

**4. Examiner:** Why is unhealthy food so popular in many countries these days?

**Student:** Unhealthy food is usually faster food, which is often cheap and easy to buy.

**5. Examiner:** Do you think that the food people eat in your country now is better than the food that they ate in the past?

**Student:** Personally, I thinking that it's better nowadays

**Exercise 9:**

**You are going to do IELTS Speaking Part 2. You will need some paper and a pencil.**

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*Describe what you like to have for breakfast in the morning.*

*You should say:*

*what you like to eat and drink for breakfast*

*how you prepare these things*

*whether you think this is a healthy breakfast*

*and explain why you like to eat and drink these things.*