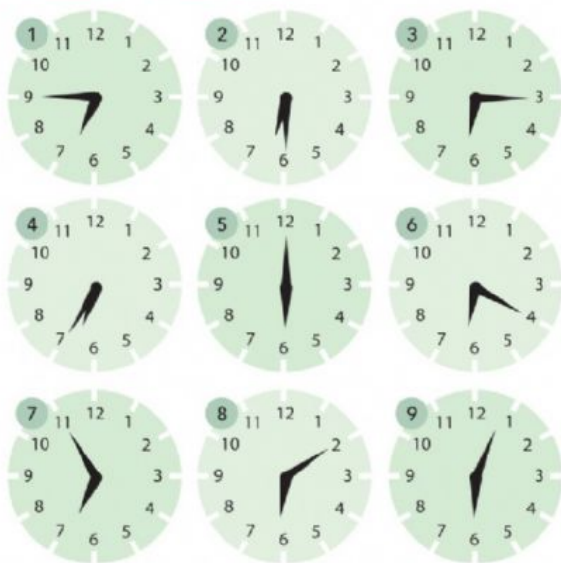


### 1 TELLING THE TIME



a Match the clocks and phrases.

- ☐ It's (a) quarter past six.
- ☐ It's six o'clock.
- ☐ It's (a) quarter to seven.
- ☐ It's ten past six.
- ☐ It's five to seven.
- ☐ It's twenty-five to seven.
- ☐ It's half past six.
- ☐ It's three minutes past six.
- ☐ It's twenty past six.

b Listen and check.

#### Time

You can ask for the time in two ways:  
*What time is it?* OR *What's the time?*

For times which are not multiples of five, we use *minutes*, e.g. 6.03 = *It's three minutes past six.*

When you can't be exact, use *about*:  
'What time do you get up?'  
'At **about** 7.00.'

**ACTIVATION** Cover the phrases and look at the clocks. Ask and answer with a partner.

*What time is it? / What's the time?* (It's...

### 2 EXPRESSIONS OF FREQUENCY

a Complete the expressions.

How often do you see your friends?

- |                            |   |
|----------------------------|---|
| 1 <u>every</u> /'evri/ day | M, T, W, Th, F, S, S                      |
| 2 every w_____             | week 1, week 2, week 3, etc.              |
| 3 every m_____             | January, February, March, etc.            |
| 4 every y_____             | e.g. 2017, 2018, 2019, etc.               |
| 5 once /wans/ a _____      | e.g. only on Mondays                      |
| 6 twice /twais/ a _____    | e.g. on Mondays and Wednesdays            |
| 7 three times a _____      | e.g. on Mondays, Wednesdays, and Fridays  |
| 8 four times a _____       | e.g. in January, April, July, and October |

b Listen and check.

**ACTIVATION** Cover the left-hand column. Test yourself.

### 3 ADVERBS OF FREQUENCY

a What do the **highlighted** words mean? Match sentences 1–6 to a–f.

- |  |
|--|
| 1 <b>b</b> I <b>always</b> /ɔ:lweiz/ get up at 7.00 during the week. |
| 2 I <b>often</b> /ɒfn/ go to the cinema after work.                  |
| 3 I <b>usually</b> /'ju:ʒuəli/ finish work at 6.00.                  |
| 4 I <b>sometimes</b> /səmtaɪmz/ meet a friend for lunch.             |
| 5 I <b>hardly ever</b> /hɑ:dli 'eva/ go to the theatre.              |
| 6 I <b>never</b> /nevə/ have coffee.                                 |

- |                                       |
|---------------------------------------|
| a About seven or eight times a month. |
| b I start work at 8.00 every day.     |
| c But on Fridays we stop at 3.00.     |
| d I don't like it.                    |
| e Only once or twice a year.          |
| f About once or twice a month.        |

b Listen and check.

c Listen and repeat the **highlighted** adverbs of frequency.

#### normally

*Normally* /'nɔ:məli/ is the same as *usually*.

*I normally get up early. = I usually get up early.*

**ACTIVATION** Cover sentences 1–6 and look at a–f. Can you remember the sentences?