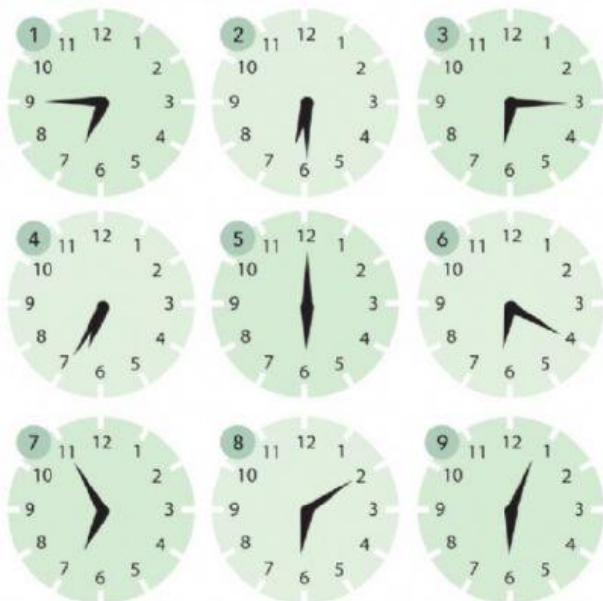


### 1 TELLING THE TIME



#### a Match the clocks and phrases.

- ☐ It's (a) quarter past six.
- ☐ It's six o'clock.
- ☒ It's (a) quarter to seven.
- ☐ It's ten past six.
- ☐ It's five to seven.
- ☐ It's twenty-five to seven.
- ☐ It's half past six.
- ☐ It's three minutes past six.
- ☐ It's twenty past six.

#### b Listen and check.

#### Time

You can ask for the time in two ways:  
What time is it? **OR** What's the time?

For times which are not multiples of five, we use *minutes*, e.g. 6.03 = *It's three minutes past six.*

When you can't be exact, use *about*:  
'What time do you get up?'  
'At **about** 7.00.'

**ACTIVATION** Cover the phrases and look at the clocks.  
Ask and answer with a partner.

What time is it? / What's the time? (It's...

### 2 EXPRESSIONS OF FREQUENCY

#### a Complete the expressions.

How often do you see your friends?

- |                     |   |
|---------------------|---|
| 1 every /'evri/ day | M, T, W, Th, F, S, S                      |
| 2 every w           | week 1, week 2, week 3, etc.              |
| 3 every m           | January, February, March, etc.            |
| 4 every y           | e.g. 2017, 2018, 2019, etc.               |
| 5 once /wʌns/ a     | e.g. only on Mondays                      |
| 6 twice /twais/ a   | e.g. on Mondays and Wednesdays            |
| 7 three times a     | e.g. on Mondays, Wednesdays, and Fridays  |
| 8 four times a      | e.g. in January, April, July, and October |

#### b Listen and check.

**ACTIVATION** Cover the left-hand column. Test yourself.

### 3 ADVERBS OF FREQUENCY

#### a What do the **highlighted** words mean? Match sentences 1–6 to a–f.

- 1 **b** I **always** /ɔ:lweɪz/ get up at 7.00 during the week.
- 2 I **often** /ɒfn/ go to the cinema after work.
- 3 I **usually** /'ju:ʒuəli/ finish work at 6.00.
- 4 I **sometimes** /sʌmtaɪmz/ meet a friend for lunch.
- 5 I **hardly ever** /hɑ:dli 'evə/ go to the theatre.
- 6 I **never** /nevə/ have coffee.

- a About seven or eight times a month.
- b I start work at 8.00 every day.
- c But on Fridays we stop at 3.00.
- d I don't like it.
- e Only once or twice a year.
- f About once or twice a month.

#### b Listen and check.

#### c Listen and repeat the **highlighted** adverbs of frequency.

#### normally

**Normally** /'nɔ:məli/ is the same as *usually*.

*I normally get up early.* = *I usually get up early.*

**ACTIVATION** Cover sentences 1–6 and look at a–f.  
Can you remember the sentences?