



1 What are the different ways of taking care of the body?

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2. Which of these ways do you do most of the time?

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3. Give the difference between a full bath and a sponge bath?

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4. How can you maintain the cleanliness and a good health of your body?

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A. Write the correct answer on the blank. Choose from the list of words inside the box.

bad breath	dental floss	teeth	dentist
blood	hair	personal	shiny
			haircut

1. Bathing stimulates the circulation of the \_\_\_\_\_.
2. The \_\_\_\_\_ is the crowning glory of a person.
3. \_\_\_\_\_ are one of the best assets of a man or a woman.
4. Use a \_\_\_\_\_ to remove any food particle left in between the teeth.
5. Visit the \_\_\_\_\_ at least twice a year for cleaning and check-up.
6. Use a mouthwash to refresh the entire mouth and avoid \_\_\_\_\_.
7. Regular \_\_\_\_\_ or trim is needed to keep the hair in shape and avoid split- ends.
8. Brush the hair before sleeping to keep it healthy, soft, and \_\_\_\_\_.