

2 Complete the sentences with the words below. There is one extra word.

expert depression unhealthy lifestyle decade life expectancy calcium

- 1 We need _____ to help our teeth and bones grow strong.
- 2 A _____ is ten years.
- 3 People in the Mediterranean have a longer _____ than people in other countries.
- 4 An _____ is someone who knows a great deal about a particular subject.
- 5 People who have _____ are extremely unhappy.
- 6 Eating good food and taking exercise is a _____ choice that many people choose nowadays.