

8B Praca Kontrolna Tydzień 12: ZDROWIE

Wybierz poprawne odpowiedzi.

- When you exercise, your *muscles become* / *blood becomes* bigger and stronger.
- The *hearts* / *bones* in your legs and arms are the longest in your body.
- The *bone* / *heart* is a big muscle and it beats about 100,000 times a day.
- Do intelligent animals have a big *brain* / *blood*?
- Blood* / *Bone* is red and it goes to all parts of the body.

Posłuchaj tego młodego człowieka, który dzieli się z nami tajemnicami swojej dobrej formy. Zaznacz właściwe odpowiedzi: zaznacz wszystkie, które pasują.

- He doesn't eat a lot of ... **sugar** **fruit** **cake** **candy** **veggies**
- He gets up really ... **early** **late**
- He does exercises every ... **day** **evening** **hour** **morning**
- Which of these doesn't he do outside? **run** **push-ups** **jog** **walk** **crunches**
- Which of these does he do at home? **walk** **jog** **push-up** **crunches** **run**

What do you do to keep fit? - napisz trzy zdania, uwzględniając czynności, a także kiedy i gdzie je wykonujesz. Użyj czasu Present Simple.

Przyporządkuj wyrazy z ramki do odpowiedniej kategorii. Jeden wyraz został podany dodatkowo i nie pasuje do żadnej kategorii.

broken arm cold cut GP injection nurse pneumonia

ILLNESSES	INJURIES	PEOPLE

Uzupełnij zdania przymiotnikami utworzonymi od podanych wyrazów.

- Donna had a _____ skiing accident and she broke her leg. **PAIN**
- 'Are you alright?' 'I'm fine. It's just a _____ nose.' **RUN**
- Last night Rob and Linda's baby had a fever so it was a _____ night for them. **SLEEP**
- It's difficult to lead a _____ lifestyle these days. **HEALTH**

Wybierz właściwe słowo.

- If you want to lose weight, you should *take* / *make* regular exercise.
- I feel tired, I've *lost* / *left* my appetite. Am I sick?
- It's important to *make* / *have* regular check-ups at the doctor's.
- You should cut *down* / *out* on salt in your diet. It can be really harmful.
- You have food poisoning? That's terrible! *Make* / *Get* better soon!

Zakreśl poprawną formę: A lub B.

Przykład: Sorry, but I didn't _____ your name.

A take **B catch**

- When you feel _____ in your chest, go to the doctor's immediately. A pain **B fever**
- It wasn't a doctor, but a _____ from the ambulance. A surgeon **B paramedic**
- What's your _____ group? A blood **B brain**
- He's _____ his appetite and hasn't eaten anything for two days now. A cut **B lost**
- If you want to stay fit, _____ out in the gym twice a week. A do **B work**

ILLNESS/INJURIES

potem
wybierz opcję
z kopertą

What do you want to do?



Check my answers



Email my answers to my teacher

Enter your full name:

09 tutaj: klasa + twój numer lub inicjały

Grade/level: **7c** tutaj: klasa

School subject: **English**

Enter your teacher's email or key code:

anna-mi@tlen.pl

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kliknij: SEND
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