4.3 My day

GOALS ■ Ask present simple *yes/no* questions ■ Talk about your day

Vocabulary & Listening daily activities

1a 4.9 Listen and put the days in the correct place in the calendar.

Friday Monday Saturday Sunday Thursday Tuesday Wednesday

MARCH

M	T	W	T	F	S	S
1	2	3	4	5	6	7

b 4.9 Listen again and repeat.

2 Work in small groups. Answer the questions.

1 What's your favourite day? Why?
2 What's a day you don't like? Why not?

My favourite day is Saturday. I don't go to work and I watch football.

3a 4.10 Look at the illustrations. Listen and repeat the verbs.



get up | have a shower | get dressed | check emails

have breakfast | go to work | start work | finish work

get home | have dinner | go out | go to bed

b Work with a partner. Student A, say the second part of one of the daily activities. Student B, say the complete phrase.

A *breakfast*
B *have breakfast*

4 Look at the profile of Helena Morrissey. What is surprising about her?



Name: Helena Morrissey
Job: CEO of Newton Investment Management
Home: London
Family: Married with nine children
Hobbies: Pilates, activities with the family

5a 4.11 Listen to Helena talking about her day*. Note down three things she does with her family.

b 4.11 Listen again and underline the correct options.

1 I get up at 5 a.m. and *have a shower / check my emails.*
2 I have breakfast with my *husband / children.*
3 I go to work by *train / taxi.*
4 I start work at 8.00 a.m. and *finish / get home* at about 6.30 p.m.
5 I have dinner at *7.30 / 8.30* p.m.
6 After dinner I *work again / go to bed.*
7 I *work / don't work* at the weekend.
8 On Saturdays, we watch a film or *have dinner / go out* with friends.

c Compare your answers with a partner.

6 Work with a partner. Look at two other profiles. Student A, turn to page 108. Student B, turn to page 113.

*This interview with Helena Morrissey is fictitious and is based on media reporting.

LIVEWORKSHEETS