

TEST 1

I. Pick out the word whose primary stress is placed differently from that of the rest.

1. A. obesity B. expectancy C. dietary D. longevity
2. A. meditation B. acupuncture C. relaxation D. disappointment
3. A. antibiotic B. recommendation C. cholesterol D. association

II. Pick out the word whose underlined part is pronounced differently from that of the rest.

4. A. cholesterol B. charity C. chemistry D. chronic
5. A. prescriptions B. remedies C. measures D. antibiotics

B. VOCABULARY

I. Choose one suitable word from the box to complete each sentence.

meditation	life expectancy	aging process	nutritious	be attributed to
dietary	natural remedy	boost	immune system	prescription

6. Sleep, rest and relaxation can slow down the _____.
7. Brown rice is more _____ than white rice.
8. An hour of _____ can help you to relieve your stress.
9. Lack of exercise and fatty food consumption can weaken our _____.
10. The plan is used as a _____ for a baby's teething pain.
11. In general, Japanese people have higher _____ than people in other countries because their diet is rich in fish.
12. My private doctor advised me to _____ my health by leading a stress-free life, eating low cholesterol food and exercising every day.
13. Doctors should use more legible handwriting when giving _____.
14. Scientists have proved that many types of chronic diseases _____ people's bad eating habits.
15. School canteens should provide only highly _____ meals to young children.