



# INTERACTIVE WORKSHEET

## READING COMPREHENSION

**GRADE** : 1st of Secondary

**AREA** : English

**I. Read the following passage, then answer the questions below :**

Obesity in Latin America is an increasing problem. More and more children and teens are becoming overweight or obese. There are many possible causes for this problem. These include an increase in urban living, dietary changes towards unhealthy US-style snacks, and a more sedentary lifestyle that involves watching TV and playing video games.

In Mexico, Congress passed legislation in 2010 in order to decrease the amount of junk food school sells to children. Specialists also suggest that schools should provide students with at least thirty minutes of exercise per day

**Choose the correct answer :**

- 1) One reason for obesity in children is the amount of junk food they eat?
  - a) Yes, it is true.
  - b) No, it is false.
- 2) Watching TV and playing video games are examples of an inactivity lifestyle?
  - a) Yes, it is true.
  - b) No, it is false.
- 3) In Mexico, Congress passed legislation in 2010 to decrease the amount of junk food schools?
  - a) Yes, it is true.
  - b) No, it is false.
- 4) Which of these activities is healthy?
  - a) Eating fruit and vegetables
  - b) Watching TV all day
  - c) Eating junk food
  - d) Refusing sports







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## READING - GRAMMAR

5) Which of these activities is unhealthy?

- a) Running and jogging
- b) Brushing teeth
- c) Drinking water
- d) Sleeping 4 hours at night



## GRAMMAR : Present Progressive

I. Choose the correct answer to complete the sentences in present progressive.

1. The teacher \_\_\_\_\_ the door. (*not close*)
2. \_\_\_\_\_ you \_\_\_\_\_ the washing-up? (*do*)
3. They \_\_\_\_\_ the printers. (*check*)
4. \_\_\_\_\_ your grandmother \_\_\_\_\_ at birds? (*look*)
5. We \_\_\_\_\_ the checkpoint. (*not pass*)

II. Complete the sentences with the present progressive :

1. Maxwell \_\_\_\_\_ (sleep) in our sofa. It's very comfortable.
2. My sister \_\_\_\_\_ (learn) Spanish and German, she loves languages.
3. My mother-in-law \_\_\_\_\_ (stay) at our house in this moment.
4. She \_\_\_\_\_ (not walk) to the center of the town.
5. They \_\_\_\_\_ (play) soccer in the park right now. They are very happy, they love soccer.