

Part 3: Read the text below and answer questions 17 – 24.

HAZE

WHAT YOU NEED TO KNOW

WHO ARE AT RISK?

Children and the elderly
Individuals with respiratory disease
Individuals who work outside
Smokers

WHAT ARE THE EFFECTS OF HAZE?

Exacerbate chronic conditions such as:

- Chronic obstructive pulmonary disease
- Asthma
- Pneumonia
- Heart disease
- Sore throat
- Sore eyes
- Cough
- Flu

HOW TO PROTECT YOURSELF?

Drink lots of water
Wear a face mask
(Recommended to wear N95 mask for API more than 200)
Reduce outdoor activities
Clean your face and any exposed skin area with clean water and soap
Get treatment if your health deteriorates
Turn on the aircond while driving and select the recirculation mode
Obtain the Air Pollution Index (API) information before going out.
[CLICK HERE](#) to get the latest API

Take Care of your Health

Questions 17 – 24:*Complete the following table.***Choose no more than three words and/or a number** from the text for each answer.*For each question, write your answer in the space provided on your answer sheet.*

HAZE	
People at risk	<ul style="list-style-type: none"> • Children and the elderly • Individuals with _____ (17) • Individuals who work outside • _____ (18)
Effects of Haze	<ul style="list-style-type: none"> • Chronic obstructive pulmonary disease • _____ (19) • Pneumonia • Heart disease • _____ (20) • Sore eyes • _____ (21) • Flu
Ways to protect yourself	<ul style="list-style-type: none"> • Drink _____ (22) • Wear a face mask • Reduce _____ (23) • Clean your face and skin with water and soap • Great treatment • Turn _____ (24) • Obtain API information before going out

No.	Write your answer
17	
18	
19	
20	
21	
22	
23	
24	