MS. CHI ENGLISH

Name: _____ **Date:** .../ .../ 20...

Class: GE7 **Tel:** 038 255 2594

PET PRACTICE

A. VOCABULARY REVISION

No	New words	Meaning	No	New words	Meaning
1	**diet (n)** /ˈdaɪət/	chế độ ăn uống	13	**plenty of (pr.n)** /ˈplenti/	nhiều
2	**balance (n)** /ˈbæləns/	sự cân bằng	14	**contain (v)** /kənˈteɪn/	chứa, bao gồm
3	**ingredient (n)** /ɪnˈgri:diənt/	thành phần	15*	**a large quantity** /ˈkwɒntəti/	một số lượng lớn
4	**get the right balance**	có được sự cân bằng phù hợp	16	**a large (small) amount of**	một lượng lớn (nhỏ)
5*	**protein (n)** /ˈprəʊti:n/	chất đạm	17*	**quantity (n)** /ˈkwɒntəti/	số lượng
6*	**carbohydrates (n)** /ˌkɑ:bəʊˈhaɪdreɪt/	tinh bột	18	**leaflet (n)** /ˈli:flət/	tờ rơi
7	**pulse = bean (n)** /pʌls/	đậu	19	**mineral (n)** /ˈmɪnərəl/	chất khoáng
8	**fat (n)**	chất béo	20*	**regular (adj)** /ˈregjələ(r)/	thường xuyên
9	**divide sth into (phr.v)** /dɪˈvaɪd/	chia cái gì thành	21	**steady (adj)** /ˈstedi/	đều đặn
10	**junk food (n)** /dʒʌŋk/ /fu:d/	thức ăn nhanh	22*	**iron (n)** /ˈaɪən/	chất sắt
11*	**constant supply (of sth)** /ˈkɒnstənt/ /səˈplaɪ/	nguồn cung ứng thường xuyên (của)	23*	**long-distance runners**	vận động viên chạy đường dài
12	**calcium (n)** /ˈkælsiəm/	canxi	24*	**supper (n)** /ˈsʌpər/	bữa ăn nhẹ

*** Note: n = noun: danh từ; v = verb: động từ; adj = adjective: tính từ**

*** Những từ có ký hiệu * thì có 2 cách đọc**

*** Con học thuộc nghĩa của từ, chép mỗi từ 1 dòng vào vở ghi và chỉnh phát âm theo từ điển.**

LIVEWORKSHEETS

25*	**afterwards (adv)** /ˈɑːftəwədz/	về sau	39*	**fairly small amount** /ˈfeəli/	số lượng nhỏ
26*	**burst (n)** /bɜːst/	sự tràn đầy	40	**pill = medicine (n)** /pɪl/	viên thuốc
27*	**constant (adj)** /ˈkɒnstənt/	thường xuyên	41	**aspect (n)** /ˈæspekt/	khía cạnh
28	**fizzy drinks (n)** /ˈfɪzi/	đồ uống có ga	42*	**two-thirds** /θɜːdz/	hai phần ba
29	**dehydration (n)** /ˌdiːhaɪˈdreɪʃn/	mất nước	43*	**based on (phr.v)** /beɪst/	dựa vào
30*	**as adv/adj as possible** /əz/ /ˈpɒsəbl/	càng….càng tốt	44	**run (n)**	cuộc chạy bộ
31	**anxious (adj)** /ˈæŋkʃəs/	lo lắng	45*	**to be in bed early**	đi ngủ sớm
32	**silence (n)** /ˈsaɪləns/	sự yên tĩnh	46*	**mid-morning (adj)**	giữa buổi sáng
33	**athlete (n)** /ˈæθliːt/	vận động viên điền kinh	47*	**explorer (n)** /ɪkˈsplɔːrər/	nhà thám hiểm
34*	**porridge (n)** /ˈpɒrɪdʒ/	cháo đặc	48	**the Americas (n)**	Châu Mỹ
35*	**cabbage (n)** /ˈkæbɪdʒ/	cải bắp	49*	**real-life (adj)** /ˌriːəl ˈlaɪf/	đời thực
36	**daily routine (n)** /ˈdeɪli/ /ruːˈtiːn/	thói quen hàng ngày	50	**bite (v)** /baɪt/	cắn
37*	**discover (v)** /dɪˈskʌvər/	tìm ra	51*	**swallow (v)** /ˈswɒləʊ/	nuốt
38	**find out (phr.v)**	phát hiện	52	**sequence (n)** /ˈsiːkwəns/	trình tự

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B. PET PRACTICE

LIVEWORKSHEETS

PET 1 (2020)

Test 2

CAMBRIDGE

READING (45 minutes)

Part 1

Questions 1–5

For each question, choose the correct answer.

1.



Jenny is emailing to

A suggest how Lara could do some sightseeing.

B remind Lara that she needs to book some cheap train tickets.

C invite Lara to visit some different places around the UK with her.

2.



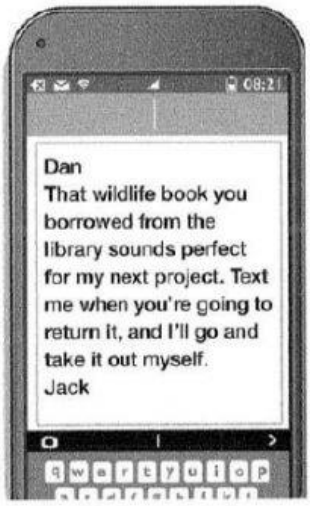
A People will be asked to discuss their favourite childhood sweets at the lecture.

B The lecture will be about how sweet shops have changed over the last century.

C The lecture will cover some surprising facts about sweets.

LIVEWORKSHEETS

3.



A Jack is asking Dan's opinion about whether a book is suitable for his project.

B Jack wants Dan to let him know when a library book will be available.

C Jack is recommending to Dan a useful library book he has recently borrowed.

4.

Tomato sauce

Store in cool, dry place. After opening, keep in fridge and use within six weeks, and not after date shown.

A Eat the sauce a maximum of six weeks after you start using it.

B Put the sauce in your refrigerator as soon as you bring it home.

C Make a note of the date when you bought the sauce.

5.

DRUM TUTOR

All abilities & styles covered

Adults only (18+)

First lesson costs absolutely nothing when signing up for two months!

A The teacher is offering lessons to anyone interested in trying the drums.

B You must intend to study for a certain period to have the free session.

C To attend these classes, students must already be at a certain level.

LIVEWORKSHEETS

Part 2

Questions 6–10

For each question, choose the correct answer.

The young people below are all interested in protecting the environment.
On the opposite page there are descriptions of eight websites on the environment.
Decide which website would be the most suitable for the people below.

6 

Ethan wants to know about environmental organisations around the world. He's interested in doing a project at home on energy production, and wants recommendations for other websites with up-to-date information on new research.

7 

Mario is interested in how the way he gets to work affects the environment, and wants ideas to reduce any negative effects. He'd like to meet local people who share his interest in the environment.

8 

Sylvia is keen to know what she can do with items she doesn't need, rather than throw them away. She'd like the opportunity to ask environmental experts about their work.

9 

Declan wants to know where to find clothes produced without damaging the environment. He'd like to learn about recycling processes, and see how recycling is done internationally.

10 

Tasha wants to help her family save energy, and get a basic introduction to studying the environment for a college project. She'd also like to buy something created from recycled items.

LIVEWORKSHEETS

Websites on the environment

A **futurenow.org**
Find answers here about how much energy is used around the planet. And if you're planning a journey, put in your route to compare the energy used by different types of transport, and choose the one that's best for the environment.

B **ourworld.org**
This site lists the best places online to learn the latest results of scientific studies on issues affecting the environment. Or if you prefer working things out for yourself, there are experiments to do like making your own power using sunlight! You'll also find information on groups all over the planet working to protect the environment.

C **cleanplanet.org**
Discover how waste plastic, glass and metal are turned into new products, and watch clips showing different methods used around the world. There's also a section about how much attention various fashion companies pay to their effect on the environment. Use it to keep up with new trends!

D **globaleco.org**
This site explores the importance of energy in our daily lives, and also different ways of generating it without using oil or gas, for example by using wind power instead. There are links to UK companies that use these renewable energies, so you can find out more about what they do.

E **eco.org**
Contact others who also care about environmental issues and find information about international groups; search for one to join in your area. You can also find out if your choice of transport damages the planet. If so, try the easy changes to your routine suggested here.

F **planetmatters.org**
Learn about what top scientists involved in research to protect our planet do day to day, as well as about their latest discoveries. There's a message board so you can post questions to them – you'll always get a quick reply. There's also a recycling section – find different uses for things that you might otherwise put in the bin.

G **worldaware.org**
Most people want to know what they can do to help protect our world. This site has everything you need to know about recycling: why it's important around the world, and how to get rid of items safely in your local area without harming the environment.

H **oneworld.org**
There's lots of environmental information here, whether you're just starting to explore the subject, or wanting to find out about the latest research. Gifts are on sale, too, made from objects and materials that are often thrown out – treat yourself and help the planet! There's also a useful guide on using less electricity at home – reduce those bills!

LIVEWORKSHEETS

Part 3

Questions 11–15

For each question, choose the correct answer.

Basketball player

Luka Horvat writes about his early career.

My dad was a professional basketball player in Germany, as his father had been before him, and I went to watch many of his games when I was a kid. You might think that seeing so many matches would give me a love of the sport, but it actually had the opposite effect. I loved telling my friends how good my dad was, of course, especially when he won a game, but I used to take a book with me to read instead of watching.

Starting secondary school, I was still two years away from being a teenager but was already two metres tall. Seeing my height, my sports teacher asked if I'd be interested in training with the basketball team. Even though I enjoyed the session, I thought I'd need to develop my skills before I took part in a real match, but the teacher had more confidence in me than I did. It took me a while to agree, but a few weeks later I found myself playing against a team from another school. Mum and Dad coming to watch didn't really help – it made me more nervous. But it was OK in the end!

For the next four years, I practised every day and did really well, even joining an adult team before I moved abroad to a special sports academy in the USA when I was fifteen. The coach there trains Olympic basketball players, and it was fantastic to work with him. However, I can't say I enjoyed my first experience of living far from my parents. At home, I'd never been able to spend much time with my friends due to all the training, so that wasn't such a change for me. I got used to everything about my new life in the end, though, and my English improved quickly too!

I turned professional at the age of eighteen, three years after arriving in the USA. I'd been taller than most players in the professional league since I was fifteen, but had been much too light for my height, so had to get that right first. My coach already knew a team that would take me while I was still at college, so I joined them and have never regretted it.

LIVEWORKSHEETS

11 What does Luka say about his childhood?

A He had a great interest in basketball.

B He enjoyed watching his father play basketball.

C He felt proud of his father's success at basketball.

D He knew he wanted to become a basketball player.

12 How did Luka feel before his first match at secondary school?

A He wasn't sure that he would do well.

B He was pleased that his parents would be there.

C He wasn't happy about his teacher's attitude.

D He was delighted to be part of the team.

13 Luka thinks the most difficult thing about moving to the USA was

A learning a new language.

B being away from his family.

C getting a good coach.

D missing his friends.

14 What did Luka have to do before he became a professional player?

A complete his studies

B find a suitable team

C reach a certain height

D put on weight

15 What would be a good way to introduce this article?

A Luka Horvat has always been as interested in reading as in basketball. Here, in his own words, he explains why.

B Luka Horvat tells us how he became the latest member of a sporting family to become a professional basketball player.

C Professional basketball player Luka Horvat explains how luck has been so much more important than hard work in his career.

D Even though he only started playing basketball as a teenager, Luka Horvat still managed to become a professional by the age of eighteen.

LIVEWORKSHEETS