The Present Progressive

The present progressive (or present continuous) tense is used to talk about things that are happening right now. It is formed with "to be" and the present participle (-ing form of the verb).

Examples: I am eating breakfast. He is wearing his blue shoes. We are talking.

There are some spelling rules for the present participle. First, if the base verb ends in "e," delete the "e" before adding "-ing."

Examples: dance → dancing ride → riding skate → skating

Second, if the base verb ends in a consonant + vowel + consonant (cvc), double the final consonant.

Examples: swim → swimming run → running jog → jogging

Choose the best form of each verb to complete each sentence.

1) Susan (ride) _____ _____ her bike right now.
2) Ollie (cook) _____ _____ dinner at the moment.
3) I (study) _____ _____ English now.
4) Clark and Rena (swim) _____ _____ in the sea right now.
5) You (practice) _____ _____ the guitar now.

Write the correct form of each verb in each box.

6) Anabella (sleep) _____ _____ at the moment.
7) I (drive) _____ _____ to work right now.
8) You (jog) _____ _____ in the park now.
9) Tony (speak) _____ _____ to his boss at the moment.
10) They (try) _____ _____ to find Annie's keys.

Your turn! Practice using verbs in the present progressive tense to talk about things happening now.

11) _____
12) _____
13) _____
14) _____
15) _____

LIVEWORKSHEETS