Name: _____ Grade:_____

Salad Making



Salads are useful for adding flavor, color, texture and nutritive value. Use the list below to answer the following questions.

CHEF SALAD	TUNA SALAD	FRUIT SALAD	TOSSED SALAD

a) Define the term 'salad'.

_____ (1)

b) Name the main parts of a salad.

_____ (4)

c) Which of these salads is best suited for a person wanting a light complete meal?

_____ (1)

d) For which course of a meal would you eat a fruit salad?

_____ (1)

e) Which of the above salads is an example of a protein salad?

_____ (1)

f) How can a salad be made more appealing for young children? Give **three** points to remember.

_____ (3)