

Grammar

- 1 Complete the second sentence so it means the same as the first, using the word given. Do not change the word given. Use between two and five words.

- 1 If you don't do warm-up exercises, you'll get a sprained muscle.

UNLESS

You'll get a sprained muscle warm-up exercises.

- 2 I was able to buy a bike because he lent me the money.

HE

If the money, I wouldn't have been able to buy a bike.

- 3 I didn't go to bed early last night and now I'm tired.

WISH

I to bed early last night, because I wouldn't be so tired now.

- 4 I always take something to eat with me because there might not be any vegetarian food.

CASE

I always take something to eat with me any vegetarian food.

- 5 Unless you make a serious mistake, I'm sure you'll do well in the exam.

PROVIDED

..... a serious mistake, I'm sure you'll do well in the exam.

2 Complete the dialogue with the correct form of the verbs given.

A: Hi! How are you feeling? You don't look so good today.

B: You're right. I don't feel very well. If I stand up too quickly, I (1) (feel) a bit dizzy.

A: That doesn't sound good. If I were you, I (2) (make) an appointment to see the doctor.

B: It's not that bad. If everyone went to the doctor for every little problem, the doctors' surgeries (3) (be) full all the time.

A: OK. So, what do you think is the matter? Have you eaten anything unusual?

B: No, but I think I might have caught a cold. I wish I (4) (go) on that walk with Sophie yesterday. It was freezing and I forgot my coat.

A: Well, tomorrow (5) I (bring) you my special vitamin drink in case you're still feeling bad.

B: Thanks!

3 Choose the correct alternatives to complete the email.

Hi Jan,

Thanks so much for your email. It really cheered me up. I got behind with my coursework last month and I was beginning to feel really stressed. To be honest, if I had known how much coursework there would be, I (1) didn't take/wouldn't have taken/hasn't taken this subject. Anyway, the good news is that I'm getting really good marks. If you get 60 percent on your coursework, you (2) passed/would pass/pass for the year. That means you don't have to worry so much about the exams. And I'm getting better at organising my time, so (3) in case/unless/as long as I keep working hard, I should be OK.

I'm looking forward to seeing you in the holidays and I'd love to come with you to the Edinburgh festival. If I were you, I (4) would try/will try/tried to book somewhere to stay as soon as possible because lots of people go in August.

If I (5) will have/have/would have time this evening, I'll look at some hotels online and give you a call.

Speak to you soon.

Claire

4 Complete the text with one word in each gap.

Retail therapy – the practice of shopping to improve your mood – may have a negative reputation but according to several studies, it can help to minimise feelings of stress. Although shopping can lead to addiction, it is (1) than overeating or other compulsive behaviours because choosing something to buy makes shoppers feel more in control. There are steps you can take to ensure that shopping doesn't become a problem. Ideally you (2) limit yourself to buying what you have planned to buy. If you do (3) want to get into

debt, leave your credit card at home and take a small amount of cash with you. If you're the sort of person who buys something and then thinks 'I wish I (4) not bought that', then try setting money aside in a 'stress shopping' fund and don't spend any more until you have topped it up. (5) that you stay within your budget, shopping can be an effective coping mechanism for life's stresses.

/ 5

Total / 20

Vocabulary

- 5 Complete the second sentence so it means the same as the first, using the word given. Do not change the word given. Use between two and five words.

- 1 You'll be completely better tomorrow, I'm sure of it.

FEET

You'll be tomorrow, I'm sure of it.

- 2 I'm sorry to hear you're not feeling well at the moment.

WEATHER

I'm sorry to hear you at the moment.

- 3 I think I'm getting that flu bug that's going round.

DOWN

I think I that flu bug that's going round.

- 4 After the accident, Jenny lost consciousness for a few minutes.

BLACKED

After the accident, Jenny for a few minutes.

- 5 My mum has been ill for a couple of weeks, but she is recovering now.

OVER

My mum has been ill for a couple of weeks, but she it now.

6 Choose the best answer (A, B or C) to complete the text.

We all went to watch my brother play football last week – even my big sister came. She got really excited because although they were losing, it was very close. When the ball came towards her, she tried to kick it. Well, she fell over and hurt her (1) It was obviously really (2), though she tried not to let it show. My dad took her to hospital and after an X-ray they said it was broken and she had to (3) an operation. Fortunately, she didn't (4) an infection from her cuts and bruises but she did have to get a (5) for painkillers, but eventually she got better. The first thing she asked when she came round was 'Who won?'

- | | | | |
|---|------------------|----------------|---------------|
| 1 | A bone | B ankle | C artery |
| 2 | A dizzy | B chronic | C painful |
| 3 | A have | B make | C go |
| 4 | A felt | B get | C put |
| 5 | A blood pressure | B prescription | C temperature |

7 Complete the text with one word in each gap.

My brother is always working out at the gym and I used to think he was pretty fit. But he has a busy job and he never cooks for himself. He eats out a lot or buys ready meals and he likes fatty food and things that are (1) in salt. Anyway, he has (2) on a bit of weight recently and he wasn't feeling well so he went to the local health centre for a check-up. He had his blood (3) taken which was high and they told him that he's in (4) of becoming obese. That really shocked him. So now he's started jogging every day before work and he's trying to eat a more (5) diet. He looks better already. I think that's what's known as a 'wake up' call and I don't think he'll let himself get out of shape again.

8 Complete the text with the correct form of the words given.

My mum has a problem with her skin and she was fed up with getting (1) (prescribe) from the doctor that didn't seem to work so she decided to see a homeopath. My dad was very sceptical and said it was a waste of money, but she told him not to be so (2) (mind). At that point, she thought anything was worth trying. The homeopath was a good listener and asked mum all sorts of questions about her lifestyle. He gave her some special drops and told her to come back if there wasn't any (3) (improve). He also said that stress could be causing her to have an (4) (allergy) reaction because it weakens the immune system. He reminded her of the (5) (important) of a healthy diet and said she should take time out to relax. Anyway, I don't know if it was the drops or the lifestyle changes, but she has been a lot better since she saw him.

/ 5

Total / 20

UNIT 7

Grammar

1 Rewrite the dialogue in reported speech.

A: Did you see the film on Channel 4 last night?

B: No, I didn't, but I recorded it. Is it good?

A: I think it's excellent. I'm sure the actress will get an award for it.

B: I can't wait to see it!

1 Dave asked Grant on Channel 4 the previous night.

2 Grant said that he hadn't, but that it.

3 He asked good.

4 Dave said that excellent.

5 He added that he was sure the actress an award for it.

2 Choose the correct alternatives to complete the text.

I have been trying to learn Spanish because I want to travel in South America during my gap year and my friend Simon suggested (1) to watch/watching Spanish TV. I found a channel that allows you to download programmes for free, so I've been doing that once a week and it really helps. My mum offered (2) buying/to buy me a subscription to a Spanish newspaper as well, but I (3) said/told her that I can read it online just as easily. I try to do that for about half an hour every day. My friend's brother went to Chile last year, so I asked him if we (4) would/could meet up to talk about what he did there. We were supposed to meet up last week, but he cancelled at the last minute. He apologised for (5) let/letting me down and we're going to try again this week because my departure date is getting closer and I need to make some proper plans now.