Communication in College

I. Directions: Drag and drop the word to its correct definition.

Listen:

When you go to college, you will need to understand your needs, rights, and responsibilities and be able to communicate effectively. Being an effective-communicator means you are assertive and can respectfully share your thoughts, give information to others, listen closely, and follow instructions.

Being a strong self - advocate means feeling confident to speak openly in order to express your needs and opinions. You are responsible for being proactive about communicating your needs when you continue your education.

Definitions

_____ When a person is able to stand up for their rights, needs, and wants

_____ Legal protections that cannot be taken away

_____ Things that you are expected to do

_____ Something that is necessary and important

_____ To give or receive information through talking, listening, body language, or written formats like emails

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_____Expressing thoughts and sharing information in a clear and respectful way while being an active listener

_____Expressing thoughts and feelings in a respectful, open, and confident way while listening to the opinions of others

_____Taking action or preparing for a situation ahead of time

II. Directions: Different types of communication - Choose the best answer (assertive, aggressive, passive)

1. **Expressing thoughts and feelings in a way without listening to the opinions of others**

Aggressive Passive Assertive

2. **Expressing thoughts and feelings in a respectful, open, and confident way while listening to the opinions of others**

Aggressive Passive Assertive

3. **Avoids expressing thoughts or feelings and lacks confidence to stand up for rights, needs, and wants.**

Aggressive Passive Assertive

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IV. Directions: Read the following quotes and choose whether they are Passive, aggressive or assertive communication.

1. **"If there is a time limit for class projects, I will need extra time to complete them."_____.**
2. **"I won't use extra time if you don't think I should have it."_____.**
3. **"You will be staying late in class with me because that is what is best for me."_____.**
4. **"I am willing to come in before or after class to make sure I have plenty of time to finish." _____.**
5. **"I'll just complete what I can during normal class time and turn it in."_____**
6. **"I need extra time, but I don't want to ask because she might say no."_____**
7. **"I said I'm not finished yet!" "You didn't give me enough time!"_____**
8. **" I still have one section left and need about 20 minutes to finish."_____**

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