Culture: British food

READING

Read the following text and then answer the questions.

What British people eat

Britain is full of people from different cultures, and so it is difficult to make generalizations about eating habits. However, the following is generally true.

A 'fry up' means several items fried together. The most common items are eggs, bacon, sausages, tomatoes, mushrooms, and sometimes (fried) bread. People don't usually eat chips with a fry up, but they do eat rather a lot of fried food.

Bread is not usually eaten at meal times. It is usually eaten, with butter either as a sandwich or as toast. Toast is very popular and British people eat it with sweet or savoury food. On the other hand, the British use a lot of flour for making pastry dishes, both savoury and sweet, called pies, and for making cakes. People also eat a lot of eggs. If they are not fried, they are either soft-boiled and eaten out of their shells with a spoon, or hard- boiled (so that they can be eaten with the fingers or put into sandwiches).

Cold meats are not very popular. In a small supermarket, you can find lots of different cheeses, but perhaps only one kind of ham and no salami at all.

It is usual for the last course at the end of the meal to be to something very sweet. This is called either 'pudding', 'sweet', or 'dessert'. The most typical dishes are usually hot and often consist of a pie with fruit inside. In fact the British love sweet things!

Text adapted from *Britain for learners of English*. Oxford University Press. James O' Driscoll.

Sweet - Dulce	Savoury - Salado	Course - Un plato (1º plato, 2º plato)
Meal - Una comida	Flour - Harina	

Answer the following questions.

1 Find 5 items of food which are used in a 'fry up'.

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2 Find 2 ways the British eat bread.

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3 Find 2 ways of cooking eggs.

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4 Find 2 things that the British make using flour.

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5 Find 3 words to describe the last course at the end of a meal.

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6 To fry' is a way of cooking food. Think of 2 more ways in which food can be cooked.

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