How to Set Goals - Questions

Answer the questions below as best you can in full sentences. You can use more than one sentence to answer each question. Use modals of necessity for questions where I have asked for advice (for example, question 4)

1. **What are your short-term and long-term goals?**

2. **Do you procrastinate? Why or why not?**

3. **What makes you or other people procrastinate?**

4. **What should people do to stop themselves from procrastinating?**

5. **What should people do to stay organized?**

6. **Do you keep a planner or calendar? How do you stay organized?**

7. **Do you think rewards are a good way to motivate people?**

8. **How do you reward yourself when you have achieved a goal or done a good job?**

LIVEWORKSHEETS