Important things to be healthy.

2

3

4

5

6



WHAT habits are part of a healthy life?



1. Drink water every day
2. Eat fruit and vegetables
3. Smoke twice a day
4. Sleep less than seven hours a day.
5. Skip breakfast
6. Take long sunbaths
7. Go for a walk three time a week
8. Eat junk food



LIVEWORKSHEETS

Look to the pictures to complete the sentences.

every day



Twice a week



every day



regularly





all the time



Once a week

LIVEWORKSHEETS