

UNIT 2: YOUR BODY AND YOU

Reading: Acupuncture (page 19)

Choose the correct answer A, B, C or D to complete the passage (1,0 point).

Acupuncture is one (1) _____ the oldest medical treatments in the world. It originated in China more than 2,500 years ago. The practice of acupuncture is rooted in the idea of promoting harmony between humans and the world around them and a balance between yin and yang. (2) _____



_____ there are unanswered questions, acupuncture appears to work. Scientific studies

offer evidence that it can ease pain and treat from simple to (3) _____ ailments.

The technique of acupuncture involves placing hair-thin needles in various pressure points (called acupoints) throughout the body. Stimulating these points (4) _____ to promote the body's natural healing capabilities and enhance its functions. Originally, there were 365 acupoints, but this has (5) _____ to more than 2000 nowadays.

Acupuncture is considered to be very safe when enough precautions are taken. The (6) _____ common side effects with acupuncture are soreness, slight bleeding, or discomfort. Some people may feel tired after a session. Care is also needed so that inner body parts are not touched by the needles.

(7) _____ its general safety, acupuncture isn't for everyone. People who have bleeding problems or are taking blood related medicine should not have the treatment. It's also not recommended for people (8) _____ have electronic medical devices inside their bodies.

Today, a lot of people use acupuncture as a (9) _____ alternative to modern medicine. According to a US. 2002 survey (the most reliable survey to date),

(10) _____ estimated 8.2 million American adults had tried acupuncture. This number has been reported to be increasing steadily.

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|-----------------------------------|------------------|-----------------|---------------|
| Question 1: A. on | B. of | C. at | D. in |
| Question 2: A. Because | B. Therefore | C. Although | D. However |
| Question 3: A. complicated | B. complicatedly | C. complication | D. complicate |
| Question 4: A. believed | B. is believed | C. are believed | D. believing |
| Question 5: A. declined | B. decreased | C. increased | D. fell |
| Question 6: A. most | B. much | C. many | D. lots |
| Question 7: A. Because | B. Although | C. Despite | D. However |
| Question 8: A. which | B. who | C. whose | D. what |
| Question 9: A. reliability | B. reliant | C. reliable | D. reliably |
| Question 10: A. a | B. an | C. the | D. no article |

